



Health Sciences University Programs
Time Commitment Schedule Planner

Please fill in time that you plan to study, work, family time, travel time, etc.

Hour	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
2:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
3:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
4:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
5:00 AM							
6:00 AM							
7:00 AM		Clinical	Clinical				
8:00 AM		Clinical	Clinical		Weekly Exam	Occasional Clinical Day According to Need	
9:00 AM		Clinical	Clinical	Theory	Theory		
10:00 AM		Clinical	Clinical	Theory	Theory		
11:00 AM		Clinical	Clinical	Theory	Theory		
Noon		Clinical	Clinical	Theory	Theory		
1:00 PM		Clinical	Clinical	Clinical	Clinical		
2:00 PM		Clinical	Clinical	Clinical	Clinical		
3:00 PM		Clinical	Clinical	Clinical	Clinical		
4:00 PM				Clinical	Clinical		
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							
11:00 PM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
12:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep

There will be occasional mandatory Friday clinicals as well as make-up classes as needed. Open labs are available to students who wish to self-study outside of assigned course hours.

Student Name: _____

Student ID Number: _____

Revised 11/21/19