



Shasta College

Fall/Winter 2025

Community Education

& Business Training Center

**Stir your
creativity!**
Discover our
cooking classes
on page 5



What's inside...

Activities | Dance | Day Trips | Fitness & Wellness
Finance | Professional Development | Tech Skills
Trips & Travel **and much more...**

FIND *more* INSPIRATION

After attending five high schools across two states, I graduated with the impression that I was “supposed to” go to college but had no clear vision. This led to several unproductive years at a university spent switching majors, failing classes, and wasting a lot of money. I relocated to Redding and eventually had my light bulb moment: I wanted to be a physical therapist, which requires a doctorate degree! This meant I had seven years of expensive schooling and a competitive admissions process ahead of me. I was tempted to give up before I even started. Thankfully, my friends encouraged me to start at Shasta College, where I was

“Pursue progress over perfection. Ask for help, utilize the resources available, and take care of yourself.”

fortunate to be part of EOPS as a first-generation college student. I relied heavily on this program (thank you, Jennine Meier!) and my academic advisor (thank you, Noehly Padilla!). I stayed engaged with class material and had many supportive professors (thank you, Dr. Croes!).

I moved on to CSU Sacramento after graduating from Shasta College with my associate degree. I completed my bachelor's degree and eventually graduated with my Doctor of Physical Therapy degree. I am now a licensed PT working in a hospital.

My advice to future graduates is to set a specific goal and then work toward it one step at a time. Pursue progress over perfection. Ask for help, utilize the resources available, and take care of yourself.

Good luck to everyone on their journey!



Amanda Oakes
Shasta College Knight

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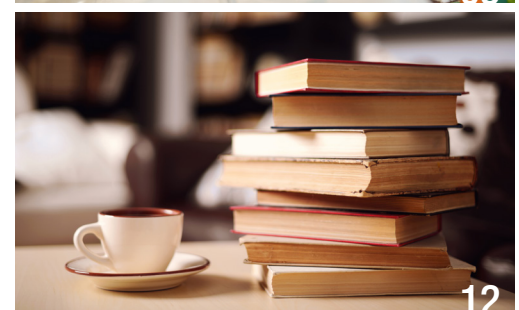
GENERAL INFORMATION

Welcome to Fall/Winter 2025! Invest in yourself!

Explore the opportunities with Shasta College's Community Education classes!



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The Shasta-Tehama-Trinity Joint Community College District ("Shasta College") does not discriminate against any person on the basis of race, color, national origin, sex, religious preference, age, disability (physical and mental), pregnancy (including pregnancy, childbirth, and medical conditions related to pregnancy or childbirth), gender identity, sexual orientation, genetics, military or veteran status or any other characteristic protected by applicable law in admission and access to, or treatment in employment, educational programs or activities at any of its campuses. Shasta College also prohibits harassment on any of these bases, including sexual harassment, as well as sexual assault, domestic violence, dating violence, and stalking.

GENERAL INFORMATION

Questions? and Answers!

What is Community Education?

Community Education classes are offered as a complement to Shasta College's instructional programs and provide opportunities for personal growth and lifelong learning. These non-credit courses have no grades and are open to all. The Community Education program is a self-supporting branch of Shasta College and operates without the use of taxpayer funds. This free publication is brought to you by the Shasta College Community Education program and is released twice a year.

How do I register?

Visit <https://shastacollege.coursestorm.com> or use the QR codes found throughout this catalog to register for a class. In the Community Education online catalog, click the links to view courses in each category. To register for a class, click the "Register" link. Please note: if this is your first time using our online registration system, you will need to create a new account. You will be prompted through the registration process. In the future, you will not need to re-enter your information.

How do I pay for a class?

Payments for classes are due at registration. We accept most major credit cards. Pre-registration for a class is incredibly important. **Please note:** Class schedules are subject to change. Check the online registration portal for the most up to date class information.

Do you have a Cancellation Policy?

We do not like to cancel classes; however, sometimes it is necessary to cancel before the first meeting when enrollments do not reach a minimum. If we do not have enough students registered for a class prior to its start date, it will be cancelled. Every effort is made to notify registered students of the cancellation, by phone and/or by email. For this reason, we must have a current daytime phone number and email address on file. Your registration might be the one that enables the class to be held so **REGISTER EARLY!**

HOW DO I USE A QR CODE?

Open your phone's camera and click on the link that appears on the scanner.



Can I get a refund?

Refunds will only be granted if your request is received by the Community Education office at least ten (10) days or more before the first-class meeting. **PLEASE NOTE:** a 10% processing fee per class will be retained on all student-initiated cancellations. If your registration was paid by credit card or debit card, the refund will go back on to the same card that was used in the transaction. **Important:** If a refund request is submitted less than the required ten (10) day minimum, refunds will not be granted - no exceptions. Refunds will not be granted once a scheduled class has begun. There are no refunds or prorated fees issued for missed classes or absences - no exceptions. Any classes or day trips that include a materials fee or ticket of admission that has been purchased on behalf of the customer will also be deducted from the refund amount.

How do I participate online?

Many classes are conducted via Zoom or similar platforms. No special account is required—just join directly from your preferred web browser.

Coordinator's Corner

LET'S MEET THE TEAM



Alex Thiemann



Shannon Mantor

If you have questions or need to contact us, please email comm-ed@shastacollege.edu or call (530) 395-8563.

For business training related questions please email BTC@shastacollege.edu

Hope to see you soon!
Alex and Shannon

ACTIVITIES

The "Activities" category of community education represents opportunities for people to learn, grow, or develop through DOING! This could be a summer camp, art class, fitness experience, or something else. But if you are creating a product or engaged in a stimulating activity, it will be listed in the course list below!



Cooking

Sizzle's - Everyday Cooking

In-Person: Sizzle's Kitchen

Facilitator: Sam Borquez

Fee: \$100 per class

In this hands-on class, you'll learn how to prepare wholesome, flavorful meals using everyday ingredients.

Aug 7, Sept 4, Oct 2, Nov 6, Dec 4
Thursdays, 4:00pm – 7:00pm

Sizzle's - International Kitchen

In-Person: Sizzle's Kitchen

Facilitator: Rotating Chefs

Fee: \$110 per class

Every week we'll explore a different cuisine from around the world. The vibrant foods of Italian, Nigerian and Caribbean cultures will all be part of this amazing cooking class!

Aug 5, Sept 2, Oct 14, Nov 4, Jan 13, 2026
Tuesdays, 4:00pm – 7:00pm

Sizzle's - Sausage Making

In-Person: Sizzle's Kitchen

Facilitator: Furnari Sausage Company
(Donny Dichirico)

Fee: \$100 per class

Each class students will make their own sausage from start to finish. Additionally, we will prepare a side and dessert to create a full meal to share at the end.

Aug 12, Sept 23, Oct 7, Nov 18, Jan 27, 2026
Tuesdays, 4:00pm – 7:00pm



Craving more adventure?
Check out our Day Trips
on page 19

Fitness & Wellness

Beginner Pickleball Morning & Evening

In-Person: Riverview Country Club

Facilitators: Damon Magana & Amy Brown
\$80 per session (morning or evening)

New to pickleball? This class is the perfect place to start! You'll learn the rules, basic strokes, court layout, and how to keep score—all in a relaxed and welcoming environment. No experience needed—just come ready to move and have fun!

Aug 13 – Sept 3

Mornings: 4 – Wednesdays,
10:00am – 11:00am

Evenings: 4 – Wednesdays,
5:00pm – 6:00pm

Intermediate Pickleball

In-Person: Riverview Country Club

Facilitators: Damon Magana & Amy Brown
Fee: \$80

Ready to level up your game? This class is for players who already know the basics and want to improve consistency, shot selection, and court strategy. We'll cover dinking, third shot options, partner communication, and smart positioning—everything you need to play more confidently and competitively. Come sharpen your skills and have fun doing it!

Aug 14 – Sept 4th

4 – Thursdays, 5:00pm – 6:00pm

Fusion Yoga

Hybrid: Lit from Within

Facilitator: Rhonda Nelson
Fee: \$50

A blend of light cardio, strength training, pilates and yoga.

Oct 20, 27, Nov 3, 10, 17, Dec 1, 8, 15
8 – Mondays, 5:30pm – 6:30pm

ACTIVITIES

Gentle Yoga

Hybrid: Lit from Within
Facilitator: Rhonda Nelson
Fee: \$50

Gentle yoga focusing on nurturing movements, deep stretching and mindful breathing techniques to enhance relaxation and promote well being.

Aug 18, 25, Sept 8, 15, 22, 29, Oct 6, 13
8 – Mondays, 5:30pm – 6:30pm

Get Fit!

Hybrid: Lit from Within
Facilitator: Rhonda Nelson
Fee: \$50

Hybrid fitness class, with online and in-person options. The workouts combine cardio, toning, strength training, yoga and for an all around complete fitness program.

Aug 20, 27, Sept 3, 10, 17, 24, Oct 1, 8
8 – Wednesdays, 5:30pm – 6:30pm

Oct 15, 22, 29, Nov 5, 12, 19, Dec 3, 10
8 – Wednesdays, 5:30pm – 6:30pm

LEGO®

BAM™ LEGO Labs: Adults Only 16+

In-Person: Cobblestone Shopping Center
Facilitator: Bricks & Minifigs Redding
Fee: \$45 per class

BAM™ LEGO Lab: 90 Minutes of pure LEGO fun! LEGO Derby Racing, Creative Individual & Team LEGO Challenges, Souvenir Minifigure, Surprise Polybag & MORE!

**Aug 11, Sept 1, 22, Oct 13, Nov 3,
Dec 1, Jan 5, 26, 2026**
Mondays, 5:15pm – 6:45pm



BAM™ LEGO Labs: Family Night All Ages Welcome (1 Registered Adult required)

In-Person: Cobblestone Shopping Center
Facilitator: Bricks & Minifigs Redding
Fee: \$40 per class - minimum (2) registrants

BAM™ LEGO Lab: 90 Minutes of pure LEGO fun! LEGO Derby Racing, Creative Individual & Team LEGO Challenges, Souvenir Minifigure, Surprise Polybag & MORE!

**Aug 14, Sept 4, 25, Oct 16, Nov 6, Dec 4,
Jan 8, 29, 2026**
Thursdays, 5:15pm – 6:45pm

BAM™ LEGO Labs: Homeschoolers or School Field Trips Ages 6-17

In-Person: Cobblestone Shopping Center
Facilitator: Bricks & Minifigs Redding
Fee: \$45 per class

BAM™ LEGO Lab: 90 Minutes of pure LEGO fun! LEGO Derby Racing, Creative Individual & Team LEGO Challenges, Souvenir Minifigure, Surprise Polybag & MORE!

**Aug 11, Sept 1, 22, Oct 13, Nov 3, Dec 1,
Jan 5, 26, 2026**
Mondays, 1:00pm – 2:30pm

BAM™ LEGO Labs: Kids Ages 6-10

In-Person: Cobblestone Shopping Center
Facilitator: Bricks & Minifigs Redding
Fee: \$45 per class

BAM™ LEGO Lab: 90 Minutes of pure LEGO fun! LEGO Derby Racing, Creative Individual & Team LEGO Challenges, Souvenir Minifigure, Surprise Polybag & MORE!

**Aug 13, Sept 3, 24, Oct 15, Nov 5, Dec 3,
Jan 7, 28, 2026**
Wednesdays, 3:30pm – 5:00pm

Unlock Your Full Potential!
Check out our Personal Growth
Classes on page 10

ACTIVITIES

BAM™ LEGO Labs: Youth Ages 11-15

In-Person: Cobblestone Shopping Center
Facilitator: Bricks & Minifigs Redding
Fee: \$45 per class

BAM™ LEGO Lab: 90 Minutes of pure LEGO fun! LEGO Derby Racing, Creative Individual & Team LEGO Challenges, Souvenir Minifigure, Surprise Polybag & MORE!

**Aug 12, Sept 2, 23, Oct 14, Nov 4, Dec 2,
Jan 6, 27, 2026**
Tuesdays, 3:30pm – 5:00pm

Performing Arts

2 Step - Level 1

In-Person: Shasta College Main Campus
Facilitator: Ben Mason
Fee: \$80

Come learn this all-time classic popular Country and Western dance.

Aug 11 – Sept 15
6 – Mondays, 6:00pm – 7:30pm

2 Step - Level 2

In-Person: Shasta College Main Campus
Facilitator: Ben Mason
Fee: \$80

Continue to dance with us in this next level of the 2-Step Dance.

Sept 29 – Nov 03
6 – Mondays, 6:00pm – 7:30pm

West-Coast Level 1

In-Person: Shasta College Main Campus
Facilitator: Ben Mason
Fee: \$80

This Beginner, Level I Class, will cover the critical dance skills of body movement, lead/follow, frame, connection, dance etiquette, and foot placement in the West Coast Swing Dance.

Aug 14 – Sept 18
6 – Thursdays, 6:00pm – 7:30pm

West-Coast Level 2

In-Person: Shasta College Main Campus
Facilitator: Ben Mason
Fee: \$80

This class is a Continuation of Beginning Basic Level I West Coast Swing Class

Oct 02 – Nov 06
6 – Thursdays, 6:00pm – 7:30pm

Beginners Country Swing

In-Person: Shasta Arts Council
Facilitator: Bobby Milhouse
Fee: \$85

This beginner-friendly Country Swing class is the perfect next step for dancers who know the basics and are ready for more fun, flow, and footwork. We'll review the foundations, then explore new variations, rhythms, and partner connection to elevate your dancing.

Sept 9 – 30
4 – Tuesdays, 6:00pm – 7:15pm

Beginners Salsa

In-Person: Shasta Arts Council
Facilitator: Bobby Milhouse
Fee: \$85

Take your salsa skills to the next level in this fun, beginner-friendly class that builds on the basics with fresh footwork and timing variations. We'll review the foundations, then dive into new rhythms and patterns that will keep you moving and challenged in the best way!

Sept 9 – 30
4 – Tuesdays, 7:15pm – 8:30pm

Intro to Country Swing

In-Person: Shasta Arts Council
Facilitator: Bobby Milhouse
Fee: \$85

Kick up your boots and join us for a fun, high-energy intro to Country Swing — no partner or experience needed! Learn the basics, feel the rhythm, and get ready to spin, step, and smile your way through this upbeat social dance.

Aug 12 – Sept 2
4 – Tuesdays, 6:00pm – 7:15pm

ACTIVITIES

Intro to Salsa

In-Person: Shasta Arts Council
Facilitator: Bobby Milhouse
Fee: \$85

Get ready to move, groove, and feel the rhythm in this fun, high-energy intro to salsa class, perfect for dancers of all levels! No partner or experience needed — just bring your enthusiasm and get ready to light up the dance floor!

Aug 12 – Sept 2
4– Tuesdays, 7:15pm – 8:30pm

Visual Arts

Advanced Digital Photography

In-Person: Shasta College Community Leadership Center
Facilitator: Avery Rosenthal-Murray
Fee: \$115 per class

This in-person advanced photography class is for creatives with a basic foundation who want to grow their artistic style and technical skills using a DSLR or mirrorless camera. The day includes an overview with coffee, hands-on instruction in manual settings, a guided shoot, and a supportive photo review and Q&A.

Oct 25
Saturday, 1:30pm – 5:30pm

Nov 15
Saturday, 1:30pm – 5:30pm

Photography Basics with Your Smartphone

In-Person: Shasta College Community Leadership Center
Facilitator: Avery Rosenthal-Murray
Fee: \$85 per class

An in-person photography introduction class that offers a hands-on learning experience covering the fundamentals of photography with a smartphone; including smartphone techniques, composition, and visual storytelling.

Oct 25
Saturday, 9:30am – 12:30pm

Nov 15
Saturday, 9:30am – 12:30pm

The Art of Memory Keeping: Creating your own Scrapbook

In-Person: Shasta County Arts Council
Facilitator: Cassie McEachen
Fee: \$150 per two day class

In this two-day workshop, you'll learn the art of memory-keeping through scrapbooking, creating a personalized 20-page, 12x12 scrapbook filled with cherished memories. Whether you're a beginner or experienced, you'll gain the skills to design layouts, incorporate photos, and use embellishments, leaving with a completed scrapbook and the ability to continue crafting at home.

Sept 13 & 14
Saturday/Sunday, 10:00am – 1:00pm

Nov 15 & 16
Saturday/Sunday, 10:00am – 1:00pm

Collage

In-Person: Shasta Arts Council
Facilitator: Elizabeth McClellan
Fee: \$120

COLLAGE let's your creativity run wild. Put old and new, digital and handmade together in harmony. Paper, glue and found materials.

Sept 08 – 29
4 – Mondays, 5:30pm – 7:00pm

Drawing For The Mind

In-Person: Shasta Arts Council
Facilitator: Elizabeth McClellan
Fee: \$120

Find your calm, focus and clarity through simple, beautiful drawing exercises.

Aug 04 – 25
4 – Mondays, 5:30pm – 7:00pm



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Ready to sign up?
Scan the QR code
to register.



PERSONAL GROWTH

The “Personal Growth” category offers interdisciplinary classes designed to inspire lifelong learning. From practical topics like personal finance to enriching subjects like history and literature, these courses aim to rekindle your love for learning and provide valuable insights for daily life.



Finance

Investments, Annuities and Income in Retirement - Putting it All Together

In-Person: Shasta College Community Leadership Center
Facilitator: Ric Komarek
Fee: \$45

Learn how to better manage your investments, avoid costly mistakes, and develop an income plan that can provide income security for life.

Sept 23
Tuesday, 6:00pm – 8:00pm

How Tax Planning Changes through Four Stages of Retirement

In-Person: Shasta College Community Leadership Center
Facilitator: Ric Komarek
Fee: \$45

Learn a “Retirement Tax Strategy” that manages your assets for an “optimal draw down” so you pay as few taxes as necessary.

Sept 9
Tuesday, 6:00pm – 8:00pm

Making Government Benefits Work for You

In-Person: Shasta College Community Leadership Center
Facilitator: Ric Komarek
Fee: \$45

Learn how Social Security and Medicare fit into your retirement income plan. This class covers the basics of Medicare, including Original Medicare and Medicare Advantage, in clear, practical terms.

Sept 16
Tuesday, 6:00pm – 8:00pm

Language

Introduction to American Sign Language

In-Person: TBD
Facilitator: Tami Luce
Fee: \$65

Whether you're an educator, healthcare worker, retail employee, or a family member of someone who is Deaf or Hard of Hearing, this introductory class will provide the foundational skills you need to communicate with confidence.

Sept 10 – Oct 29
8 – Wednesdays, 6:00pm – 7:00pm

Practical Insights

Prediabetes action plan: simple steps for lasting change

In-Person: Shasta College Community Leadership Center
Facilitator: Erika Bishop, MPA, RD
Fee: \$115

Have you been told you're at risk for diabetes by a doctor or family member? You're not alone—and there *is* something you can do. Join our Prediabetes Action Plan: Simple Steps for Lasting Change

Sept 18 – Oct 30
7 – Thursdays, 5:30pm – 7:30pm

Got a Passion for Business?
Check out our new Business Classes on page 14

PERSONAL GROWTH

Create Your Website for Fun, Profit & Business!

Online: Zoom Class
Facilitator: Kevin Boyd
Fee: \$65

Discover the best copy/paste, drag and drop website builders that will meet your needs and create an appealing, modern, dynamic, small business website. Learn Search Engine Optimization (SEO), Social Media Marketing, and the Tips and Traps, Dos and Don'ts of website design.

Oct 7
Tuesday, 6:00pm – 9:00pm



Don't throw it Away - Sell it Online!

Online: Zoom Class
Facilitator: Kevin Boyd
Fee: \$65

Discover the best phone apps to sell your used “stuff” and get paid. Learn the most popular selling apps for each of the top categories including Furniture, Electronics, Clothing, Books, Art, and much more. Includes photography tips, dos and don'ts, tips and strategies to determine the best apps to sell your items.

Oct 16
Thursday, 6:00pm – 9:00pm

Sell it on eBay!

Online: Zoom Class
Facilitator: Kevin Boyd
Fee: \$100

Learn how to create a seller account, upload photos, accept online payments and create a listing. Includes insider tips, tricks and traps, what to sell, photography, plus the best strategies for selling antiques and collectibles.

Oct 6 & 8
Monday & Wednesday, 6:00pm – 9:00pm

\$Monetize\$ Websites, Blogs, and Social Media With Affiliate Marketing

Online: Zoom Class
Facilitator: LeeAnne Krusemark
Fee: \$50

Earn a passive monthly income from selling other people's products by placing a merchant-provided advertisement link on your site and get a commission for every sale, click or lead.

Oct 15
Wednesday, 2:00pm – 4:00pm

Save \$Money\$ with Extreme Couponing!

Online: Zoom Class
Facilitator: LeeAnne Krusemark
Fee: \$30

Learn how to save \$\$\$ every day with extreme couponing.

Oct 14
Tuesday, 4:00pm – 5:00pm

Age in Place, What is it? And how can you do it?

In-Person: Shasta College Community Leadership Center
Facilitator: Mike Mitchell
Fee: \$30 per 1.5 hr class

As we get older, we would like to be able to live our lives in our own homes. Learn how some important improvements to your home can be beneficial in being able to stay in your own home as long as possible.

Aug 21
Thursday, 10:00am – 11:30am
Thursday, 4:00pm – 5:30pm

Oct 22
Wednesday, 10:00am – 11:30am
Wednesday, 4:00pm – 5:30pm

Dec 10
Wednesday, 10:00am – 11:30am
Wednesday, 4:00pm – 5:30pm



Writers' Circle

Beginner's Guide to Using Free ChatGPT (AI) for Writers

Online: Zoom Class
Facilitator: LeeAnne Krusemark
Fee: \$50

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! No prior AI experience required.

Oct 7
Tuesday, 3:00pm – 5:00pm

How to Write Your Life Story (for fun or for profit)

Online: Zoom Class
Facilitator: LeeAnne Krusemark
Fee: \$70

You don't need to be famous to have a legacy to leave behind. Create an inspirational autobiography for family, friends, and others.

Oct 4
Saturday, 8:00am – 11:00am

Introduction to Screenwriting for TV or Movies

Online: Zoom Class
Facilitator: LeeAnne Krusemark
Fee: \$50

In this comprehensive session, you will learn about special screenwriting terms and formats for television and the big screen.

Oct 3
Friday, 2:00pm – 4:00pm

Write a Riveting Mystery, Suspense, or Crime Story

Online: Zoom Class
Facilitator: LeeAnne Krusemark
Fee: \$50

Become a mystery writer for fun or profit! You will discover the different sub-genres and three-act story structure of mystery writing and create an intriguing cast of characters.

Oct 2
Thursday, 2:00pm – 4:00pm

Ready to sign up?
Scan the QR code
to register.



Welcome to The Business Training Center



We provide affordable employee training to businesses of all sizes. To learn more, go to:

ShastaCollege.edu/BUSINESSTRAINING



PROFESSIONAL DEVELOPMENT

“Professional Development” is brought to you by our Business Training Center (BTC). The BTC has a laser focus on training, upskilling, and developing the workforce of the North State. These trainings are of benefit to our local businesses as well as job seekers that are looking to add additional skills to their skillset.



Business Skills

Engaging and Retaining Talented Employees

In-Person: Shasta College Community Leadership Center
Facilitator: Karl Burch
Fee: \$95 per class

When employees feel empowered and excited about their work, productivity, morale, and business performance improve. As a leader, you can boost engagement and retention by focusing on three key drivers of job satisfaction: meaningful work, a positive environment, and a sense of individual value.

Sept 10
Wednesday, 9:00am – 12:00pm

Oct 01
Wednesday, 9:00am – 12:00pm

Nov 12
Wednesday, 9:00am – 12:00pm

The Five Point Process to Ultimate Sales Success with DiSC Assessment!

In-Person: Shasta College Community Leadership Center
Facilitator: Mike Mitchell
Fee: \$250

The Pesona-Pathway Pro Sales Process for the 21st Century is a dynamic and personalized approach to sales that leverages the insights gained from personality assessments. This method aims to tailor every interaction to the unique preferences and communication style of each prospective client, enhancing the overall sales experience and increasing the likelihood of a successful outcome. *DiSC Assessment included!!!

Sept 3 – Oct 1
5 – Wednesdays, 5:00pm – 6:30pm

Oct 9 – Nov 6
5 – Thursdays, 9:00am – 10:30am

Leading with Purpose

In-Person: Shasta College Community Leadership Center
Facilitator: Stephen Campbell
Fee: \$195

Engage with other leaders in this dynamic course designed to explore 6 critical components that will strengthen and grow your leadership.

6 week session: Sept 18 – Oct 23
Thursdays, 9:00am – 10:30am

2 week session: Nov 7 – Nov 14
Fridays, 8:00am – 12:30pm

Nonprofit Management

Strengthen The Effectiveness of Your Nonprofit Board

Online: Zoom Class
Facilitator: Bob Reich
Fee: \$60

How does your board function? The board is legally and functionally responsible for everything in the organization, yet many board members do not know or understand their roles and responsibilities. This class will cover the basic information to improve your board.

Oct 16
Thursday, 6:30pm – 8:30pm

Effective Nonprofit Fundraising and Grant Writing

Online: Zoom Class
Facilitator: Bob Reich
Fee: \$110

Whether you are seeking organizational contributions, writing grants, selling school fundraising items, putting on an event, or other requests, is asking for and bringing in funds to support your organization a challenge? In this course you will learn fundraising and grant techniques for your project or organization.

Nov 3, 10, 17
3 – Mondays, 6:30pm – 8:30pm

PROFESSIONAL DEVELOPMENT

A Nonprofit IS A Business And Needs To Be Operated That Way

Online: Zoom Class
Facilitator: Bob Reich
Fee: \$45

Many people do not view nonprofits as a business, which can create problems. A nonprofit MUST be run in a business-like manner to ensure success and survival. This workshop will discuss how nonprofits are a business, and the variations from a for-profit business.

Oct 30
Thursday, 6:30pm – 8:00pm

Techniques Of Managing A Nonprofit Organization

Online: Zoom Class
Facilitator: Bob Reich
Fee: \$110

Do you want an overview to learn, understand or review the techniques and functions of operating and managing a nonprofit organization? This class can be valuable for staff, volunteers, Board members, and those considering starting a nonprofit organization.

Sept 22, 29, Oct 6
3 – Mondays, 6:30pm – 8:30pm

Are You Thinking About Starting A Nonprofit Organization?

Online: Zoom Class
Facilitator: Bob Reich
Fee: \$45

Do you want an overview of the processes, requirements, and planning for creating, incorporating, and applying for nonprofit status with the IRS and state for a nonprofit organization? This workshop will provide information to understanding what lies ahead.

Sept 11
Thursday, 6:30pm – 8:00pm

Ready to sign up?
Scan the QR code
to register.



SBDC



The local SBDC has partnered with Shasta College to bring a series of professional development courses. These courses are beneficial to anyone with a small business or those looking to start a small business. Funded in part through a cooperative agreement with the U.S. Small Business Administration, and grants with the California Office of the Small Business Advocate. All opinions, conclusions or recommendations expressed are those of the author(s) and do not necessarily reflect the views of the SBA or the California Office of the Small Business Advocate. Reasonable accommodations for persons with disabilities will be made if requested at least 72 hours in advance of this event; please send an email with the subject header ACCOMMODATION REQUEST to Shasta-Cascade SBDC, Alexander@siskiyoucounty.org, (530) 222-8323

SBDC - Making 2025 the Year to Update Your Business Plan

In-Person: Trinity Campus
Facilitator: Lani Lott
Fee: \$30

This two-hour workshop provides a focused opportunity to revisit, revise, or rewrite your business plan for the next two years.

Nov 06
Thursday, 3:00pm – 5:00pm

SBDC - Marketing that Works - Series

In-Person: Trinity Campus
Facilitator: Lani Lott
Fee: \$30 per class

Class 1: Creating Customer Personas for Laser-Focused Marketing

Understanding your target customer is essential to effective marketing. Buyer personas transform data into relatable profiles that help teams connect with ideal customers.

Sept 11
Thursday, 3:00pm – 5:00pm

PROFESSIONAL DEVELOPMENT

Class 2: Kickstart Your Social Media Advertising to Build Your Audience

Social media advertising can feel overwhelming—new terms, platforms, and strategies. In this two-hour session, we'll break it down, explain why it matters, how it works, and share tips to make your ads stand out. We'll also walk through creating a Facebook Ad Campaign in eight simple steps.

Sept 25
Thursday, 3:00pm – 5:00pm

Class 3: The Significance of Traditional Marketing in Today's World

Traditional marketing—like print, TV, and direct mail—still works in a digital-first world. This session shows when to use these channels, how they pair with digital strategies, and how to find the best ROI for your business.

Oct 16
Thursday, 3:00pm – 5:00pm

Class 4: Putting It All Together – Crafting Your 18-Month Marketing Strategy & Budget

Now it's time to put your knowledge into action. In this final session, you'll create a personalized 18-month marketing plan with goals, metrics, tactics, and a budget—guided by an SBA template and tailored to your business.

Oct 23
Thursday, 3:00pm – 5:00pm

QuickBooks series

In-Person: TBD
Facilitator: Rebecca Lehman
Fee: \$60 per class

Class 1: Bookkeeping Basics & Getting Started with QuickBooks Online

This 2 hour class covers accounting 101, terminology, debits/credits, Chart of Accounts and then which QuickBooks online is best for your business.

Sept 17
Wednesday, 6:00pm – 8:00pm

Level Up Your Leadership!
Don't miss our new *Leading with Purpose* class on page 14

Class 2: Small Business QuickBooks Series - Setting Up QuickBooks and Creating Customized Forms

This 2 hour class offers how to completely set up your QuickBooks with best practices, finding your way around and getting ready to do business in QuickBooks.

Sept 24
Wednesday, 6:00pm – 8:00pm

Class 3: Small Business QuickBooks Series - Accounts Receivable in QBO

This 2 hour class offers a complete AR process from, making sales in QuickBooks, invoicing vs sales receipts, receiving payments, using credit cards and bank feeds.

Oct 1
Wednesday, 6:00pm – 8:00pm

Class 4: Small Business QuickBooks Series - Accounts Payable, Reconciliations, Reports in QBO

This 2 hour class offers a complete AP process from entering and paying bills in QuickBooks, cutting checks in QuickBooks, paying bills through bank and credit cards. Then we reconcile bank accounts and end with a review of all the cool reports that QuickBooks gives you and why reports are important.

Oct 8
Wednesday, 6:00pm – 8:00pm



Siskiyou EDC - Launching Cottage Food Businesses

Hybrid: COS Weed Campus
Facilitator: Quintin Gaddy
Fee: \$30 per class

This two-part course is structured to support entrepreneurs in Siskiyou County who want to learn how to start and grow a cottage food business.

Class 1: Nov 5
Class 2: Nov 12
Wednesday, 6:00pm – 8:00pm

PROFESSIONAL DEVELOPMENT

Siskiyou EDC - Small Business Finance Bootcamp

Hybrid: COS Weed Campus
Facilitator: Quintin Gaddy
Fee: \$30 per class

This two-part series will cover the basics of small business financial management and understanding how to improve profitability.

Class 1: Aug 6
Class 2: Aug 13
Wednesday, 6:00pm – 7:30pm

Siskiyou EDC - Wildland Firefighting Procurement

Hybrid: COS Weed Campus
Facilitator: Quintin Gaddy
Fee: \$65 per class

Are you interested in being a vendor for Cal Fire or the US Forest Service. Join us for this two-part session on becoming a certified wildland firefighting vendor.

Class 1: Dec 3
Class 2: Dec 10
Wednesday, 4:00pm – 6:00pm



Soft Skills

From Stuck to Unstoppable: Discover the Mindset That Moves You Forward

In-Person: TBD
Facilitator: Mark Putnam
Fee: \$90

Are limiting beliefs and negative thought patterns holding you back? This transformative course is designed to help you break free from mental barriers and unlock the power of a growth mindset.

Nov 4, 11, 18
3 – Tuesdays, 10:00am – 12:00pm
Nov 6, 13, 20
3 – Tuesdays, 5:00pm – 7:00pm

Workplace Integrity Essentials 101: Ethics, Professionalism, and Decision-Making for Career Success

In-Person: TBD
Facilitator: Mark Putnam
Fee: \$120

Whether you're launching your own business or stepping into your first professional role, Workplace Integrity Essentials 101 equips you with the foundational skills to navigate the workplace with ethics, professionalism, and confidence.

Oct 7, 14, 21, 28
4 – Tuesdays, 10:00am – 12:00pm
Oct 6, 16, 23, 30
4 – Thursdays, 5:00pm – 7:00pm

YOU University: Turn Your Passion into an Online School of Influence and Income

In-Person: TBD
Facilitator: Mark Putnam
Fee: \$120

Turn your skills and passions into a powerful online course. This program helps coaches, creatives, and professionals educate others, grow a personal brand, and launch a profitable e-learning platform.

Sept 12, 19, 26, Oct 3
4 – Fridays, 10:00am – 12:00pm
Oct 10, 17, 24, 31
4 – Fridays, 5:00pm – 7:00pm

Workforce Development Training

Ethanol Emergencies

Online: Asynchronous online class
Facilitator: Frank Friend
Fee: \$80

Considering that most vehicles run on a blend of ethanol in their fuel, emergency responders need to know how to deal with these emergencies. This course will give responders a better understanding of ethanol, its properties, and tactics that may be used during responses.

Sept 22 – Oct 3, (2 weeks)
24/7 access during the dates presented

PROFESSIONAL DEVELOPMENT

Mass Casualty Incidents, Management, and Triage

Online: Asynchronous online class

Facilitator: Frank Friend

Fee: \$40

Mass Casualty Incidents are becoming all too common in today's world. Learn how to respond to and manage these incidents through a review of triaging patients, the incident command system, national incident command system, interactive triage practices, and case studies.

Sept 15 – 19

24/7 access during the dates presented

Incident Safety Awareness for Hired Vendors - INTEREST LIST

In-Person: TBD

Facilitator: Greg McFadden - North Valley Training Associates

Fee: \$225

This course introduces fireline and incident safety for vendors involved in wildland fire suppression and support. Topics include hazard awareness, entrapment avoidance, risk mitigation, safe work practices, fire shelter use, incident organization, and case studies.

Date: TBD

Time: TBD

American Heart CPR, First Aid, AED

In-Person: Main Campus & Tehama Campus

Facilitator: Korey Conry

Fee: \$150 \$75*

CPR is required at most companies as a part of employment and is needed to be renewed every two years. This Certification is good for 2 years.

Sept 12, Tehama Campus

Friday, 8:00am – 12:00pm

Oct 17 & Nov 21, Main Campus

Friday, 1:00pm – 5:00pm

Certified Flagger Safety Training

In-Person: Main Campus & Tehama Campus

Facilitator: Korey Conry

Fee: \$150 \$75*

Most major contracts will require a flagging group on site while any type of road work is being preformed to keep liability to a minimum. Certification is good for 4 years.

Oct 17 & Nov 21, Main Campus

Fridays, 8:00am – 12:00pm

Oct 31, Tehama Campus

Friday, 8:00am – 12:00pm

OSHA 10

In-Person: Main Campus & Tehama Campus

Facilitator: Korey Conry

Fee: \$250 \$125*

An OSHA 10 general industry card is good for any entry-level general industry (non-construction) worker. OSHA 10 courses promote workplace safety and health and inform workers about their workplace safety rights.

Sept 05 – 06, Tehama Campus

Friday & Saturday, 8:00am – 1:00pm

Nov 14 – 15, Main Campus

Friday & Saturday, 8:00am – 1:00pm

Notary Public Certification

In-Person: TBD

Facilitator: Tracy Boyum

Fee: \$150

This course is designed to provide students with the knowledge and professional skills necessary to become a proficient California notary public and prepare for the State's examination.

Aug 29

Friday, 8:30am – 5:00pm

Jan 30, 2026

Friday, 8:30am – 5:00pm

**Reduced fee brought to you by Strong Workforce Program funding*

Want a more interactive experience?

Flip through the catalog like a real book—right on your phone or tablet! Scan the QR code to view.



TRIPS AND TRAVEL

The "Trips and Travel" category is probably one of our favorites. This is a chance to learn through experience. We offer both regional Day Trips, as well as Domestic and International Travel through our partners at Collette! These adventures provide unique opportunities to explore, connect, and create lasting memories.



Day Trips

Mt. Shasta Blackberry Music Festival

Location: Mt. Shasta

Facilitator: Shannon Mantor

Fee: \$75

The event is held at beautiful Shastice Park with spectacular views of Mt. Shasta. Along with the famous and hugely popular blackberry pie sales, music offerings, and children's games, food and craft vendors will join as well in the expanded space Shastice Park provides.

Sunday | **Aug 31**

Dahlia Farm Tour

Location: Pastures of Grace

Facilitator: Darlene Montgomery

Fee: \$125

The Pastures of Grace Dahlia Farm in Siskiyou County is a true gem. Join us for a private tour of the farm, a "you-pick" experience with over \$100 in flowers, and a lunch stop in Mount Shasta!

Saturday | **Sept 06**

San Francisco Fleet Week

Location: San Francisco

Facilitator: Darlene Montgomery

Fee: \$130

Join us for a day of fun-filled activities! Fleet Week is an annual event in the Fisherman's Wharf district that features the Fleet Week Humanitarian Village, a full air show over the SF Bay featuring the Blue Angels and Canadian Snowbirds, the Parade of Ships, and shipboard tours.

Sunday | **Oct 12**

Wine Tour of Rogue Valley AVA

Location: Southern Oregon

Facilitator: Jacquelyn Horton

Fee: \$150

Join us on a day trip to The Rogue Valley! We will travel to the beautiful and charming Rogue Valley AVA (American Viticultural Area). The trip will consist of three visits to local wineries for tasting and a farm to table lunch. In the afternoon we will jump back on the bus and return to Shasta College.

Saturday | **Oct 18**

Half Moon Bay Art & Pumpkin Festival

Location: Half Moon Bay

Facilitator: Darlene Montgomery

Fee: \$130

The world-famous Half Moon Bay Art & Pumpkin Festival is the season's signature event, drawing hordes of visitors to the "World Pumpkin Capital" for an epic festival on historic Main Street.

Sunday | **Oct 19**

The Great Dickens Christmas Fair

Location: Cow Palace

Facilitator: Darlene Montgomery

Fee: \$150

The Great Dickens Christmas Fair is a one-of-a-kind immersive adventure into Victorian London ~ an elaborate holiday party with hundreds of costumed players performing and interacting with patrons in over 140,000 square feet of theatrically-lit music halls, pubs, dance floors, and festive shops.

Saturday | **Nov 22**

Got questions?

Check out our Questions and Answers on page 4

TRIPS AND TRAVEL

Historic Nevada City Victorian Christmas

Location: Nevada City
Facilitator: Darlene Montgomery
Fee: \$125

Welcome the holiday season in Nevada City. It's a magical setting of hilly streets with authentic gas lamps, wandering carolers dressed in Victorian attire, and visitors sharing holiday cheer and good tidings.

Sunday | **Dec 07**

Travel Classes

Exploring Travel

Location: TBD
Facilitator: Avanti Travel
Fee: \$35

Explore the many ways to travel—by land, sea, river, and air—and discover which options best suit your style and interests. Join us for engaging sessions on navigating today's travel opportunities and planning your next adventure!

Nov 4
Tuesday, 6:30pm – 8:00pm

Nov 18
Tuesday, 6:30pm – 8:00pm

Designing Your Ideal Travel Experience

Location: TBD
Facilitator: Avanti Travel
Fee: \$35

This course will help you identify and understand your unique travel preferences. Whether you seek comfort, adventure, or the freedom to explore without a fixed plan, this class provides the tools to craft a trip that aligns with your interests and desires. By the end of the course, you'll have a clear sense of what type of traveler you are and the resources needed to plan and book your dream journey.

Sept 9
Tuesday, 6:30pm – 8:00pm

Sept 16
Tuesday, 6:30pm – 8:00pm



Tips For Travelers

In-Person: Shasta College Community Leadership Center & Tehama Campus
Facilitator: Nancy Shaw (AAA Travel Counselor)
Fee: \$35

Designed for all experience levels, this class covers essential travel systems, helpful information sources, and how to obtain key documents like passports, visas, international driver's licenses, TSA PreCheck, and more.

Aug 2, CLC Building
Saturday, 10:00am – 12:00pm

Aug 23, Tehama Campus
Saturday, 10:00am – 12:00pm

Sept 20, CLC Building
Saturday, 10:00am – 12:00pm

Oct 4, Tehama Campus
Saturday, 10:00am – 12:00pm

Free Travel Presentation

In-Person: Shasta College Community Leadership Center
Facilitator: Jay Fehan
FREE

Please RSVP. Seating is limited, please sign up for this free presentation to reserve your seat.

If you would like to learn more about these trips before making the commitment, join us for an entertaining, colorful, and informative trip preview. Our Collette Travel representative will be present to provide all the information about the travel arrangement, travel destinations, accommodation, prices, what is included, and much more.

July 24
Thursday, 5:00pm

Sept 22
Monday, 6:00pm

TRIPS AND TRAVEL

Collette Travel and Shasta College Community Education have partnered to bring amazing travel opportunities to the North State. Each of these trips includes: airfare, round-trip transportation to the airport, lodging, and an amazing hosted experience. For more information make sure to visit our website!

Domestic-International Travel

Old World Sicily and Malta (Small Group Trip)

Collette Travel



Malta, Grand Harbour Cruise, Valletta, Impact Moment, Ferry to Sicily, Aromatic Herb Farm Tour, Ragusa-Ibla, Siracusa, Choice on Tour: Ancient Siracusa Archeological Site or Ortigia Guided Walking Tour, Taormina's Greek Theatre, Mount Etna Off-Road Excursion.

Mar 11 – 22, 2026 • 12 Days • 15 Meals
For best rates, please sign up before August 12

Tropical Costa Rica

Collette Travel



San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Monteverde Cloud Forest, Choice on Tour: Monteverde Hanging Bridges or Canopy Adventure, Guanacaste

Jan 29 – Feb 06, 2026 • 9 Days • 14 Meals
For best rates, please sign up before July 29

Greece Island Hopper

Collette Travel



Athens, Taverna Dinner Show, Acropolis, The Parthenon, Mykonos Old Town, Santorini Island, Oia Village, Ancient Akrotiri, Wine Tasting.

Apr 06 – Apr 16, 2026 • 11 Days • 14 Meals
For best rates, please sign up before August 7

Discover American Heritage

Collette Travel



Smithsonian Museums, Twilight Monument Tour, Arlington National Cemetery, Greenbrier Bunker Tour, Monticello, Colonial Williamsburg, Mount Vernon, Tavern Dinner.

April 10 – April 17, 2026 • 8 Days • 11 Meals
For best rates, please sign up before October 10

Unlock Your Full Potential!
Check out our Personal Growth Classes on page 9



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