

Shasta-Tehama-Trinity Joint Community College District Response Plan For Reported Covid-19

by Shasta College Campus Safety

In the event of a suspected COVID-19 case on any Shasta College campus, the following steps shall be taken:

Students

If you suspect you have COVID-19, have symptoms, have been around someone who has tested positive for COVID-19, or have been around someone with symptoms (whether or not they have tested positive or negative for COVID-19): Contact your healthcare provider for testing, Campus Safety at (530) 242-7910, Student Health and Wellness at (530) 242-7580, or call Shasta County Public Health at (530) 225-5591 to be screened and scheduled for a testing appointment. Inform your instructor of your absence. Your instructor will notify the Shasta College Emergency Operations Team to account for your absence.

Employees

If you suspect you have COVID-19, have symptoms, have been around someone who has tested positive for COVID-19, have been around someone with symptoms (whether or not they have tested positive or negative for COVID-19):

Contact your supervisor with information surrounding your suspected exposure and send an email to eoc@shastacollege.edu.

TESTING OPTIONS:

- Self-administered testing is available on site at the main campus and downtown health sciences campus. Schedule a test online by following this link: [schedule a COVID-19 test](#)
- On site testing on the main campus is available if you have no symptoms. Go here to schedule a test online: <https://www.lhi.care/covidtesting> or call 888-634-1123 if you don't have internet access.
- Appointments for additional testing options may be made at: <https://www.co.shasta.ca.us/ready/covid-19/get-tested>.

Emergency Operations Team (EOT)

The Shasta College EOT works directly with the following agencies in response to a suspected exposure for contact tracing:

Shasta County Public Health | <https://www.co.shasta.ca.us/index/hhsa/public-health>

Tehama County Public Health | <https://www.tehamacohealthservices.net>

Trinity County Public Health | <https://www.trinitycounty.org/Public-Health>

Additionally, the EOT follows the guidance from the California Department of Public Health to determine appropriate action steps outlined in the following pages.



Shasta College

www.shastacollege.edu

Shasta College is an equal opportunity educator and employer.

Campus Safety

(530) 242-7910

Employees	Minimum Criteria for Return to Work <i>(As of Sept. 5, 2020)</i>
Symptomatic Positive	
Employees with symptoms who are laboratory confirmed to have COVID-19	At least 1 day (24 hours) has passed since last fever, defined as resolution of fever without the use of feverreducing medications and improvement in symptoms (e.g., cough, shortness of breath); and , at least 10 days have passed since symptoms first appeared.
Asymptomatic Positive	
Employees who never had symptoms and are laboratory confirmed to have COVID-19	A minimum of 10 days have passed since the date of their first positive COVID-19 test. If they develop symptoms, then the criteria for laboratory confirmed cases with symptoms apply. For information on when to discontinue isolation, see the link below: Discontinuation of Isolation
Symptomatic Negative	
Employees who had symptoms of COVID-19 but test result returned negative	Use the same criteria for return to class as laboratory confirmed cases.
Asymptomatic Negative	
Employees who never had symptoms but were tested due to close contact with a laboratory-confirmed case patient and were negative	Employees should quarantine at home for 14 days after the last known close contact with the case patient. Symptoms can develop even after testing negative within 14 days after exposure. The Local Health Department (LHD) may consider allowing earlier return to work only for an employee in a critical infrastructure industry in which the essential operations of the workplace would be compromised by quarantine of the employee and no alternate staff can perform the same role.*
Symptomatic Untested	
Employees who had symptoms of COVID-19 but were not tested	Testing is highly recommended. If the employee cannot be tested, use the same criteria for return to work as laboratory confirmed cases.
Asymptomatic Untested	
<p>Employees who had close contact to a laboratory-confirmed case patient at work, home, or in the community and do not have symptoms.</p> <p>OR</p> <p>Employees who refuse or are unable to be tested after close contact with a laboratory-confirmed case, despite recommendation for testing from LHD or healthcare provider, and do not have symptoms.</p>	<p>Employees should be quarantined at home for 10 days after the last known close contact with the case patient. Testing is highly recommended; if testing has not occurred, the LHD may consider allowing an employee who had close contact to a confirmed case to continue to work only in a critical infrastructure industry in which the essential operations of the workplace would be compromised by quarantine of the employee and no alternate staff can perform the same role.*</p> <p>Employees who develop symptoms of COVID-19 while in quarantine should contact their healthcare provider. Even if they are not tested, the same criteria for return to work should be used as laboratory-confirmed cases.</p>

Students	Minimum Criteria for Return to Campus
Symptomatic Positive	
Students with symptoms who are laboratory confirmed to have COVID-19	At least 1 day (24 hours) has passed since last fever, defined as resolution of fever without the use of fever reducing medications and improvement in symptoms (e.g., cough, shortness of breath); and , at least 10 days have passed since symptoms first appeared.
Asymptomatic Positive	
Students who never had symptoms and are laboratory confirmed to have COVID-19	A minimum of 10 days have passed since the date of their first positive COVID-19 test. If they develop symptoms, then the criteria for laboratory confirmed cases with symptoms apply.
Symptomatic Negative	
Students who had symptoms of COVID-19 but test result returned negative	Use the same criteria for return to class as laboratory confirmed cases.
Asymptomatic Negative	
Students who never had symptoms but were tested due to close contact with a laboratory-confirmed case patient and were negative	Students should quarantine at home for 14 days after the last known close contact with the case patient. Symptoms can develop even after testing negative within 14 days after exposure.
Symptomatic Untested	
Students who had symptoms of COVID-19 but were not tested	Testing is highly recommended. If the student cannot be tested, use the same criteria for return to class as laboratory confirmed cases.
Asymptomatic Untested	
<p>Students who had close contact to a laboratory-confirmed case patient at work, home, or in the community and do not have symptoms.</p> <p>OR</p> <p>Students who refuse or are unable to be tested after close contact with a laboratory-confirmed case, despite recommendation for testing from LHD or healthcare provider, and do not have symptoms.</p>	<p>Students should be quarantined at home for 10 days after the last known close contact with the case patient.</p> <p>Students who develop symptoms of COVID-19 while in quarantine should contact their healthcare provider. Even if they are not tested, the same criteria for return to class should be used as laboratory-confirmed cases.</p>

Regarding the following two groups of workers in a critical infrastructure workplace outbreak:

(A) ASYMPTOMATIC WORKERS WHO TESTED NEGATIVE, (B) WORKERS WHO WERE CLOSE CONTACTS TO CONFIRMED CASES:

- Where 14-day quarantine would compromise essential operations, the LHD may determine that some workers in these two groups may return to work sooner than 14 days by considering certain criteria specific to the workplace and worker.
- The worker is able to wear a surgical mask throughout the workday, except while eating, and comply with all infection prevention procedures. A cloth face covering may also be used in the event of mask shortage.
- The facility has implemented all best practice infection prevention procedures, as determined by the LHD.
- Pre-screening to assess worker temperature and symptoms prior to starting work has been implemented, ideally before entering the facility.
- Worker is able to self-monitor for temperature and symptoms at home and work.
- Worker is able to maintain a minimum of six feet of distance from other workers in the workplace. Of note, six feet does not prevent all transmission of SARS-CoV-2.
- Physical barriers are in place between fixed worker work locations to supplement distancing.
- Cleaning and disinfection of all areas and shared equipment can be performed routinely in the workplace.

During critical staffing shortages when there are not enough staff to provide safe patient care, essential critical infrastructure working in the following categories are not prohibited from returning after Day 7 from the date of last exposure if they have received a negative PCR test result from a specimen after Day 5:

- Exposed asymptomatic health care workers; and
- Exposed asymptomatic emergency response and social service workers who work face to face with clients in the child welfare system or assisted living facilities.

OTHER CONSIDERATIONS:

- In general, the more closely you interact with others and the longer that interaction, the higher the risk of COVID-19 spread.
- If you return to work or school, continue to protect yourself by practicing everyday preventive actions.
- Keep these items on hand when returning: a mask or face covering (required by California Department of Public Health (CDPH), tissues, and hand sanitizer with at least 60% alcohol, if possible.

Recommendations for people who recovered from COVID-19 and are re-exposed to COVID-19:

1. DURATION OF ISOLATION AND PRECAUTIONS

- For most persons with COVID-19 illness, isolation and precautions can generally be discontinued 10 days after symptom onset (symptom onset is defined as the date on which symptoms first began, including nonrespiratory symptoms) and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms.
 - A limited number of persons with severe illness may produce replication-competent virus beyond 10 days that may warrant extending duration of isolation and precautions for up to 20 days after symptom onset; consider consultation with infection control experts.
- For persons who never develop symptoms, isolation and other precautions can be discontinued 10 days after the date of their first positive RT-PCR test for SARS-CoV-2 RNA.

2. ROLE OF VIRAL DIAGNOSTIC TESTING (PCR OR ANTIGEN-PCR TESTING IS DEFINED AS THE USE OF AN RT-PCR ASSAY TO DETECT THE PRESENCE OF SARS-COV-2 RNA) TO DISCONTINUE ISOLATION OR PRECAUTIONS

- For persons who are severely immunocompromised, a test-based strategy could be considered in consultation with infectious diseases experts.
- For all others, a test-based strategy is no longer recommended except to discontinue isolation or precautions earlier than would occur under the strategy outlined in Part 1, above.

3. ROLE OF VIRAL DIAGNOSTIC TESTING (PCR OR ANTIGEN) AFTER DISCONTINUATION OF ISOLATION OR PRECAUTIONS

- For persons previously diagnosed with symptomatic COVID-19 who remain asymptomatic after recovery, retesting is not recommended within 3 months after the date of symptom onset for the initial COVID-19 infection.
- For persons who develop new symptoms consistent with COVID-19 during the 3 months after the date of initial symptom onset, if an alternative etiology cannot be identified by a provider, then the person may warrant retesting. Consultation with infectious disease or infection control experts is recommended, especially in the event symptoms develop within 14 days after close contact with an infected person. Persons being evaluated for reinfection with SARS-CoV-2 should be isolated under recommended precautions while undergoing evaluation. If reinfection is confirmed or remains suspected they should remain under the recommended SARS-CoV-2 isolation until they meet the criteria for discontinuation of precautions – for most persons, this would be 10 days after symptom onset and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms.
- For persons who never developed symptoms, the date of first positive viral diagnostic test (PCR or antigen) for SARS-CoV-2 RNA should be used in place of the date of symptom onset.

4. ROLE OF SEROLOGIC TESTING

- Serologic testing should not be used to establish the presence or absence of SARS-CoV-2 infection or reinfection.

Source: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/duration-isolation.html>

Response Actions of the Emergency Operations Center if a reported COVID-19 exposure

- 1. Students, staff, faculty, and administrators that have symptoms or suspected exposure should not return to campus until they have been cleared by the Shasta College EOT.**
 - a. Students and employees that are in isolation or quarantine shall not be penalized for their absence.
 - b. Employees must communicate with their supervisors if they feel sick.
 - c. No one shall be discriminated against for reporting a COVID-19 exposure.

 - 2. In the event of a reported/suspected exposure inside a building. Campus Safety will perform the following actions.**
 - a. Campus Safety will respond to and evacuate the building if directed to by Public Health.
 - b. Campus Safety will secure the building and not allow access.
 - c. Physical Plant will secure the exterior access of the building.
 - d. The area will be closed, until Campus Safety confirms the information.
 - e. The EOT will notify the community of any confirmed positive exposure on campus in conjunction with the local public health department. We will not identify the employee, visitor or student name.
 - f. Campus Safety will conduct contact tracing with the direction of Public Health.
 - g. Physical Plant will conduct a CDC approved sanitation cleaning, utilizing Vital Oxide administered with a fogger. Appropriate surfaces will be cleaned according to CDC standards.
 - h. In person, courses that are temporary paused due to a COVID-19 exposure will continue in a virtual format until approved by the Shasta College EOT for return.

 - 3. If outdoors, use appropriate physical distancing, mask and notify the Chief of Campus Safety.**
-

CAL/OSHA COVID-19 EMERGENCY TEMPORARY STANDARDS – WHAT EMPLOYERS NEED TO KNOW (SUBJECT TO CHANGE)

- Employers must follow requirements for testing and notifying public health departments of workplace outbreaks (3 or more cases in a workplace in a 14-day period) and major outbreaks (20 or more cases within a 30 day period)
- Requires employers to offer COVID-19 testing at no cost to their employees, during their working hours, to those who have had potential COVID-19 exposure in the workplace and provide them with information on benefits.
- New requirement that obligates employers to contact the local health department immediately but no longer than 48 hours after learning of 3 or more COVID-19 cases to obtain guidance to prevent further spread of COVID-19 in the work place.

The Shasta-Tehama-Trinity Joint Community College District ("Shasta College") does not discriminate against any person on the basis of race, color, national origin, sex, religious preference, age, disability (physical and mental), pregnancy (including pregnancy, childbirth, and medical conditions related to pregnancy or childbirth), gender identity, sexual orientation, genetics, military or veteran status or any other characteristic protected by applicable law in admission and access to, or treatment in employment, educational programs or activities at any of its campuses. Shasta College also prohibits harassment on any of these bases, including sexual harassment, as well as sexual assault, domestic violence, dating violence, and stalking.