

\*\*\*\*\* January 2020 \*\*\*\*\*

## Shasta College ECE

### Lab Preschool

Attendance/Front Office phone & message center: (530)242-7601

Dear Families,

Happy New Year 2020! We hope you all enjoyed your winter break...We are off to a gradual start at the ECE Lab School with our Half-Day Preschool Children returning on January 7<sup>th</sup> and our Full-Day Preschool Children joining on January 13<sup>th</sup>. Even as we brace for some hardy winter weather, our daylight time is lengthening...And, now with holidays and school breaks behind us, we can continue to enjoy family time at a less stressful pace. Winter weather brings opportunities for exhilarating outdoor play as well as cozy indoor activities—games, puzzles, crafts, cooking, and reading! Please enjoy our *Raising A Reader Red Book Bag Program* (book bag check-outs are located in the hallway just outside the preschool classroom).

On another winter-related topic.....we are always grateful for donations of any winter weather wear (rain boots, raincoats, jackets) that your child has outgrown. The children put them to good use and having these on hand supports our all-weather outdoor play program. Children love to choose the outdoor classroom option--even in rain, wind or snow!

Reminder: Please review your Authorizations for Pick-Up for your child's file. We can only release your child to those you have designated, and they must present photo ID when picking up your child. Thank you!

Finally, please utilize the automatic front doors only if physically necessary and help us teach the children when use of this option is appropriate. All children need to wait for their parent/grown-up before entering or exiting our front doors. Thank you for your support with this!

That about covers our New Year's update for now...We're happy to see you all back at school ☺

~Tami, ECE Center Director



#### Upcoming Dates

##### JANUARY 7

Half-Day (8:30-12) back-to-school

##### JANUARY 13

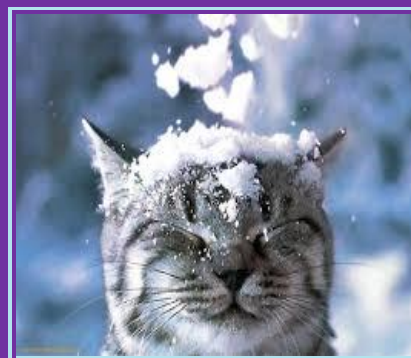
Full-Day (9-2) back-to-school

##### JANUARY 20

No School—Dr. M.L. King, Jr. Day

##### FEBRUARY 7

Noon Dismissal – All Children



Information about the Flu  
is on our web site. Search: *Shasta College ECE Resource Articles*, then look under the *Health & Safety* section. Also note: Regular and thorough handwashing is proven to be one of the most effective ways to avoid the spread of Flu.



## 13 Essential Benefits of ECE

In a recent *Exchange Every Day* magazine article, a 35-year veteran preschool teacher shared what she believes are the 13 essential benefits of early childhood education:

1. Socialization – in a safe, enriching environment
2. Concept of Cooperation – learning how to share, take turns, work together, persist and problem-solve
3. Encouraging Holistic Development – includes social, emotional, physical and cognitive (intellectual)
4. Enthusiasm for Lifelong Learning – inspires a love of learning with eagerness and enthusiasm
5. Convey the Value of Education Through Experience – school settings provide new and varied perspectives complementary to learning in the home and family environment
6. Respect – learning to value each other through shared experiences while developing/practicing civility and manners both modelled and learned organically
7. Teamwork – opportunities for cooperating, listening and teaching respect for others' opinions and ideas
8. Resilience – support for developing inner strength, social connections and personal value
9. Concentration – opportunities to focus, discover, explore, investigate, follow specific interests
10. Patience – developing social skills and growing ability to delay gratification
11. Confidence – develop optimism, strength and self-empowerment
12. Self-Esteem – develop sense of well-being and self-value
13. Exposure to Diversity – opportunity for appreciation of individuality and value of others 😊

## IN OUR NORCAL COMMUNITY:

Winter activity guides for families are available at our reception desk area. Also, check out events posted on our ever-changing parent board (next to preschool classroom entrance).



Please direct newsletter comments, suggestions and questions to:

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