Quick Facts:

1. Single layer cloth masks are no longer permissible. "Face covering" means a surgical mask, a medical procedure mask, a respirator worn voluntarily, or a tightly woven fabric or non-woven material of at least two layers. A face covering has no visible holes or openings and must cover the nose and mouth. Green or White Shasta College mask are acceptable.

2. "Fully vaccinated" means the employer has documented that the person received, at least 14 days prior, either the second dose in a two-dose COVID-19 Vaccine series or a single-dose COVID-19 vaccine. Persons less than six months out from their second mRNA dose (or less than two months after the J&J vaccine) or received their booster shot.

3. Outbreak is redefined as 3-19 employees in the same work group that test positive within a 14-day period.

4. Tehama County will continue 10 day Isolation and quarantine by order of the Tehama County Health Officer.

The following topics directly correspond with Cal OSHA Emergency Temporary Standard (ETS) Section 3205(c)

1. System for Communicating
   a. Employees should inform their supervisor, without fear of reprisal, of any COVID-19 symptoms, possible close contacts, and possible COVID-19 hazards in the workplace.
   b. Employees with medical or other conditions that put them at increased risk of severe COVID-19 illness can request accommodations through Human Resources at (530) 242-7648.
   c. COVID-19 testing is available to all employees free of charge, Monday-Friday at the employee’s work site or by calling Campus Safety on weekends at (530) 242-7910. Employees may get testing during their paid work time by scheduling an appointment.
   d. All COVID-19 hazards should be reported to Campus Safety at (530) 242-7910 immediately. Campus Safety will respond to all potential hazards as soon as possible.
   e. Shasta College will keep COVID-19 case information confidential per Cal OSHA ETS 3205(c)(3)(C)
   f. Human Resources will send a confidential survey to collect employee’s vaccination status.
   g. Employees shall not ask students, guests, or other employees of their vaccination status.
   h. All Shasta College employees are responsible for reporting COVID-19 hazards. Managers shall evaluate working areas for COVID-19 hazards. “COVID-19 hazard” means potentially infectious material that may contain SARS-CoV-2, the virus that causes COVID-19.
   i. Employees shall report any COVID-19 symptoms to their supervisor. Employees are expected to self-evaluate their symptoms prior to reporting to work. “COVID-19 symptoms” means; fever of 100.4 degrees Fahrenheit or higher, chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea, unless a licensed health care professional determines the person’s symptoms were caused by a known condition other than COVID-19.
j. Employees shall report any potential COVID-19 cases to their Supervisor or contact the Emergency Operations Center at eoc@shastacollege.edu or call (530) 242-7910. Managers shall report any potential COVID-19 cases to Campus Safety. Campus Safety will conduct contact tracing, request cleaning, and coordinate any area closure.

k. Areas where people congregate are potential risks of COVID-19 exposure. The following situations would exclude an employee from being considered part of an “exposed group”:

l. For determining the exposed group, a place where persons momentarily pass through while everyone is wearing face coverings, without congregating, is not a work location, working area, or a common area at work.

m. If the COVID-19 case was part of a distinct group of employees who are not present at the workplace at the same time as other employees, for instance a work crew or shift that does not overlap with another work crew or shift, only employees within that distinct group are part of the exposed group.

n. If the COVID-19 case visited a work location, working area, or a common area at work for less than 15 minutes during the high-risk exposure period, and the case was wearing a face covering during the entire visit, other people at the work location, working area, or common area are not part of the exposed group.

2. Investigating and responding to COVID-19 cases in the workplace

a. Campus Safety will investigate all potential COVID-19 cases.

b. All contact tracing is completed following Cal OSHA ETS Section 3205(c) (3) (B).

3. Correction of COVID-19 hazards

a. All COVID-19 hazards shall be reported to Campus Safety and will be responded to as quickly as possible. This includes, but is not limited to, implementing controls and/or policies and procedures in response to the evaluations conducted under subsections (c)(2) and (c)(3) and implementing the controls required by subsections (c)(6)(Face coverings) and (c)(7)(Other engineering controls, administrative controls, and personal protective equipment).

4. Training and instruction

a. Employees are provided Cal OSHA ETS focused training through Keenan Safe Schools virtual training and resources on the Shasta College website. This training includes:

i. Information related to benefits.

ii. Information on COVID-19, including how it is transmitted and how to reduce risk.

iii. Proper use of face coverings.

iv. COVID-19 symptoms.

b. Employees voluntarily using respirators (N95 masks) can find optional training resources at https://www.osha.gov/respiratory-protection/training
5. **Face coverings**
   a. Mask are required indoors, regardless of vaccination status.
   b. All employees have access to District provided face coverings, including surgical masks and N95s.
   c. The District will ensure that face coverings are worn properly per Cal OSHA ETS Section 3205 (c)(6).

   "Face covering" means a surgical mask, a medical procedure mask, a respirator worn voluntarily, or a tightly woven fabric or non-woven material of at least two layers. A face covering has no visible holes or openings and must cover the nose and mouth.

6. **Other engineering controls, administrative controls, and personal protective equipment**
   a. For buildings with mechanical or natural ventilation, or both, the District shall maximize the quantity of outside air provided to the extent feasible, except when the United States Environmental Protection Agency (EPA) Air Quality Index is greater than 100 for any pollutant or if opening windows or maximizing outdoor air by other means would cause a hazard to employees, for instance from excessive heat or cold.
   b. All District facilities are cleaned daily following CDC guidelines with a focus on contact surfaces. Contact surfaces include, door handles, light switches, handrails, tabletops, elevator buttons, bathroom fixtures and dispensers. The Disinfectant used (Buckeye E23) is on the EPA N list rated to kill SARS-Cov-2 with a one-minute contact time.
   c. In the event of an exposure, all contaminated areas will be thoroughly cleaned with an Electrostatic Sprayer using Vital Oxide (also on the EPA N list). Vital Oxide is a hospital grade Disinfectant with a category 4 Toxicity rating by the EPA (the safest rating possible). The process starts with a complete hand wipe down of all surfaces followed by a top to bottom disinfecting using the Electrostatic Sprayer.
   d. Employees are encouraged to wash their hands for at least 20 seconds each time.
   e. Personal protective equipment (PPE) is available in each building or at the Campus Safety Office. Employees can request additional face coverings, gloves, and other PPE from Campus Safety, without fear of reprisal.
   f. Symptomatic employees may get a COVID-19 test during their paid time at no cost to the employee.

7. **Reporting, recordkeeping, and access**
   a. The District reports information about COVID-19 cases and outbreaks at the workplace to the local health department whenever required by law, and shall provide any related information requested by the local health department. The District reports all information to the local health department as required by Labor Code section 6409.6.
   b. The District will maintain records of steps taken to implement the written CPP.
   c. The CPP is available on the Shasta College website.
   d. The District keeps record of and tracks all COVID-19 cases with the employee’s name, contact information, occupation, location where the employee worked, the date of the last day at the workplace, and the date of a positive COVID-19 test.
8. An employee does not need to quarantine after a close contact exposure if the employee is asymptomatic and satisfies either of the following criteria:
First Exemption: Fully vaccinated and boosted, or fully vaccinated, but not yet eligible for a booster dose.

a. Such an employee must test for COVID-19 on day five (5) following the close contact exposure, and may only continue to work if they receive a negative test result. *Antigen Test Preferred*

b. An employee who tests positive must follow isolation recommendations, as provided above.

c. If such an employee develops symptoms associated with COVID-19 following the COVID-19 test, they must be excluded from the workplace pending the results of another COVID-19 test.

9. Second Exception: Fully vaccinated and are booster-eligible, but who have not yet received a booster dose. Such employees do not need to quarantine if they satisfy the following conditions:

a. The employee is tested for COVID-19 three (3) to five (5) days after the last close contact exposure and tests negative;

b. The employee wears a well-fitting mask around others for a total of 10 days; and

c. Employee continues to present no symptoms associated with COVID-19.

d. Employees who test positive should follow the isolation requirements, as described above.

e. Employees who begin to experience symptoms associated with COVID-19 should quarantine and be tested for COVID-19 to confirm whether they have contracted the virus that causes COVID-19.

f. Employers should ensure that employees who use this exception understand that they must be tested for COVID-19 three (3) to five (5) days after the last close contact exposure. If an employee is not willing or able to meet the requirements of the exception, the employer should require that the employee follow the quarantine requirements that apply to employees who are not fully vaccinated.

10. Employees who test positive: Isolation
Everyone, regardless of vaccination status, previous infection, or lack of symptoms, stays home for five days;

a. Isolation can end after day five if symptoms are not present or are resolving (without fever for 24 hours) and a diagnostic specimen collected on day five or later tests negative.

b. If unable to test or you choose not to test, and symptoms are not present or are resolving (without fever for 24 hours), isolation can end after day 10.

c. If fever is present, you should continue isolation until you are without fever for 24 hours.
If symptoms other than fever are not resolving, continue to isolate until symptoms are no longer present or after days 10 of isolation.

e. Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings
   *Antigen test preferred.

**Tehama Campus and Residents**

11. Tehama County Continues 10 Day Isolation and Quarantine by order of the Health Officer: WHO IS REQUIRED TO FOLLOW HEALTH OFFICER ISOLATION ORDER?

a. All individuals who reside in Tehama County who have been diagnosed with COVID-19 or are likely to have COVID-19 are required to self-isolate themselves and follow all instructions in this Order. A person is considered to be diagnosed with or likely to have COVID-19, based on one or more of the following criteria:

b. They have received a positive lab test for the coronavirus (known as SARS-CoV-2) that causes COVID-19; OR

c. They have symptoms that are consistent with COVID-19, (i.e., flu-symptoms such as sore throat, coughing, shortness of breath, subjective fever (or temperature of 100.0°F / 37.8°C or greater), or sudden loss of sense of smell and/or taste), within 14 days of being in close contact with a person who had or was believed to have had COVID-19)

12. How long you are required to isolate:

a. Individuals with a positive test who never develop symptoms must isolate for 10 days from date of sample collection for COVID-19 positive test OR

b. Individuals with symptoms consistent with COVID-19 must isolate until: At least 10 days have passed since symptoms started AND At least 1 day (24 hours) have passed since recovery, defined as resolution of fever (without use of fever-reducing medications) and improvement of cough, shortness of breath and other symptoms.

c. Self-quarantine and stay in their home or another residence 10 days from the last date that they were in contact with the person diagnosed with or likely to have COVID-19. Self-quarantine is required because an individual is at high risk for developing and spreading COVID-19, if that individual has had close contact, as defined above, with a person who has:

   1. A positive lab test for the coronavirus (known as SARS-CoV-2) that causes COVID-19; OR

   2. Symptoms that are consistent with COVID-19 (i.e., flu-like symptoms such as sore throat, coughing, shortness of breath, subjective fever (or a temperature of 100.0°F / 37.8°C or greater), or sudden loss of sense of smell and/or taste), within 14 days of being in close contact with a person who had or was believed to have had a. COVID-19

d. If a person needs assistance for testing, contact Campus Safety at eoc@shastacollege.edu or call (530) 242-7910.
e. After stopping quarantine, people must strictly adhere to all COVID-19 prevention measures, including consistent use of face coverings and maintaining at least 6 feet distance from others through Day 14. Additionally, people should watch for symptoms until 14 days after exposure.

Frequently Asked Questions Links


CDPH:  https://www.dir.ca.gov/dosh/coronavirus/FAQs.html

Shasta County:  https://www.co.shasta.ca.us/ready/covid-19/faq#:~:text=Call%20211%20for%20frequently%20asked.,shasta.ca.us.

Tehama County:  https://www.tehamacohealthservices.net/covid-19/

Trinity County:  https://www.trinitycounty.org/COVID-19/Frequently-Asked-Questions
Spring 2022 COVID-19 Prevention Plan (CPP)

By Shasta College Campus Safety
Update January 14, 2022 update