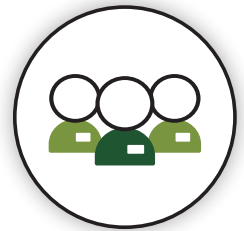


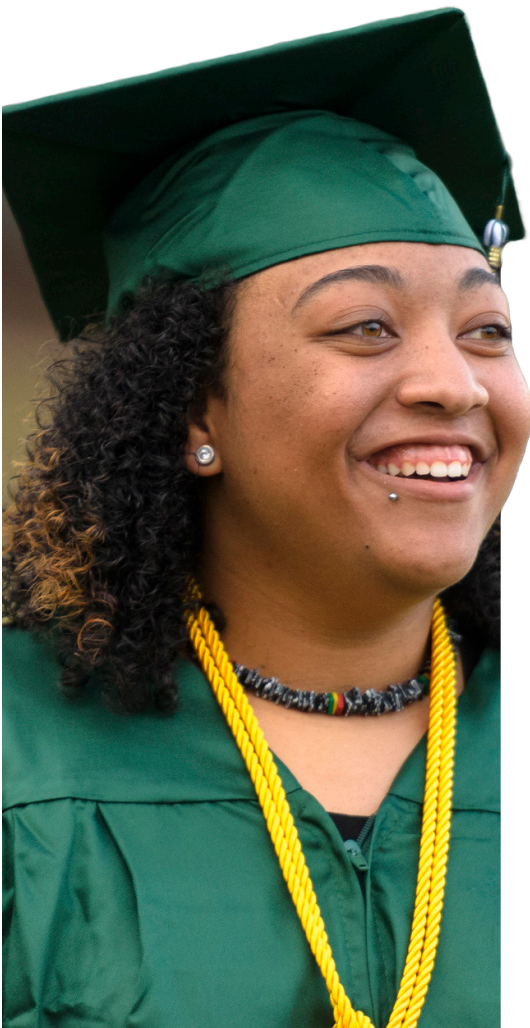
# Discover more

## Resources!



### A Community Health Advocate can help!

- Apply for CalFresh (Food Stamps) and/or Medi-Cal
- Health Coverage options through Covered CA
- Referrals to Community Resources



Shasta County  
Health & Human  
Services Agency  
[www.shastahhsa.net](http://www.shastahhsa.net)

Make a phone appointment today!

**Wernjiem Pien**

Shasta County HHSA  
Community Health Advocate

**(530) 229-8216**

**Monday-Friday  
8 AM-5 PM**



**Shasta College**

[www.shastacollege.edu](http://www.shastacollege.edu)

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**Student Services**

(530) 242-7637