

PEOPLE, CULTURE & SOCIETY

Your Pathway

LIFE MANAGEMENT

Certificate

This certificate will give you the information, perceptions, and skills necessary to move toward responsible independence and effective interpersonal relationships. Resources such as time, money, and energy will be stressed along with the study of the physical, mental, emotional, and social needs of all ages. This curriculum will help you balance personal, family, and work responsibilities throughout your life cycle.

Suggested Sequence of Classes

CERTIFICATE REQUIREMENTS 15 units

BUAD 14 Personal Finance 3 units
ECE 1 Human Development 3 units
HUSV 16 Marriage and Family 3 units
HUSV 60 Life Management 3 units
NUTR 25 Nutrition 3 units

POTENTIAL CAREERS

Community Health Education-
Coordinator
Wellness Coach

SALARY POTENTIAL

\$42,235 per year

(source: ziprecruiter.com)



*Please meet with a
counselor to customize your
own educational plan,
explore course options, and
consider department and
counseling faculty
recommendations.*



Shasta College

www.shastacollege.edu

Shasta College is an equal opportunity educator and employer.



Counseling
(530) 242-7724