

**Get a free \$50  
FOOD CARD**  
just for applying to CalFresh.  
See details below.

# cal fresh

**BETTER FOOD FOR BETTER LIVING**

California's Supplemental Nutrition Assistance Program  
(formerly known as Food Stamps)



You could be **Eligible!**

For assistance, please call

**Jilmarie Bentley**  
(530) 225-0182

[jbentley@shastacoe.org](mailto:jbentley@shastacoe.org)

or log into:

<https://bit.ly/getcalfreshscoe>

## Need money for food?

Are you a student who has an Expected Family Contribution of \$0 on your FAFSA? You may be eligible to receive \$234 or more every month to help pay for groceries. Right now, just for filling out an application you will receive a \$50 Food Card, redeemable at any FoodMaxx location.

Let me help you with:

- **Application Process**
- **Eligibility Prescreen**
- **Appeals Assistance**
- **Required Verifications**
- **Interview Preparation**
- **Answers to Questions**
- **Helpful Materials**
- **Quarterly Report Help**

| People in Household    | Maximum CalFresh Allotment |
|------------------------|----------------------------|
| 1                      | \$234                      |
| 2                      | \$430                      |
| 3                      | \$616                      |
| 4                      | \$782                      |
| each additional person | +\$176                     |

\*Household = a person living alone or a group of people living together (they do not have to be related) who buy food and make meals together.

Benefit amounts are based on household size, income, and expenses. You might get benefits in two separate payments.



Funded by USDA SNAP, known in California as CalFresh, an equal opportunity provider and employer, and the California Department of Social Services.



**Shasta College**

[www.shastacollege.edu](http://www.shastacollege.edu)

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**EOPS**

(530) 242-7540