

Get a free \$50

Shasta College Food Services Card just for applying to CalFresh. See details below.

cal fresh

BETTER FOOD FOR BETTER LIVING

California's Supplemental Nutrition Assistance Program (formerly known as Food Stamps)

Need money for food?

Are you a student who has an Expected Family Contribution of \$0 on your FAFSA? You may be eligible to receive \$234 or more every month to help pay for groceries. Right now, just for filling out an application you will receive a \$50 Shasta College Food Services Card, redeemable at Shasta College Food Services.

- Application Help
- Interview Preparation
- Eligibility Prescreen
- Answers to Questions
- Appeals Assistance
- Helpful Materials
- Required Verifications
- Quarterly Report Help



You could be **Eligible!**

For assistance, please call

Jilmarie Bentley
(530)225-0182

jbentley@shastacoe.org

or log into:

<https://bit.ly/getcalfreshscoe>

People in Household	Maximum CalFresh Allotment
1	\$234
2	\$430
3	\$616
4	\$782
each additional person	+\$176

*Household = a person living alone or a group of people living together (they do not have to be related) who buy food and make meals together.

Benefit amounts are based on household size, income, and expenses. You might get benefits in two separate payments.



Funded by USDA SNAP, known in California as CalFresh, an equal opportunity provider and employer, and the California Department of Social Services.



Shasta College

www.shastacollege.edu

Shasta College is an equal opportunity educator and employer.



EOPS

(530) 242-7540