

Shasta College 2025-2026

University Studies- GE OPTION 3

Independent, Out-of-state universities, and high unit/specialized majors Complete 30 units to satisfy a GE-modified plan

AREA 1 - ENGLISH COMMUNICATION (two courses; 6 semester or 8 quarter units)

1A - English Composition (one course):

ENGL C1000: Academic Reading and Writing

ENGL C1000E: Academic Reading and Writing+*

OPTIONAL (see a counselor) 1B: Critical Thinking and Composition:

ENGL 1B: Literature and Composition

ENGL C1001: Critical Thinking and Writing

1C - Oral Communication (one course):

COMM C1000: Intro to Public Speaking

AREA 2 - MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING (one course; 3 semester or 4 quarter units)

MATH 2: Pre-Calculus*

MATH 3A: Calculus 3A+

MATH 4B: Diff. Equations

MATH 9: Survey of Calculus+

STAT C1000E: Intro to Statistics*

MATH 2A: Precalc College Algebra*

MATH 3B: Calculus 3B

MATH 6: Linear Algebra

MATH 13: College Algebra for Lib. Arts*

SOC 3: Stats/Behavioral Sciences

MATH 2AS: Precalc College Algebra/support*

MATH 4A: Calculus 4A

MATH 8: Finite Math

STAT C1000: Intro to Statistics

MATH 2B: Precalc Trigonometry*

AREA 3 - ARTS AND HUMANITIES (one course; 3 semester or 4 quarter units)

3A – ARTS:

ART 1: Introduction to Art

ART 4: Arts Afr/Oceania/Indig Nrth. Amer.

MUS 11: Hist. of Jazz/Early Rock

THTR 1: Introduction to Theatre

ART 2: History of Western Art

ART 6: History of Modern Art

MUS 14: World Music

THTR 8: History of World Theatre I

ART 3: West Art/Renaissance to Cont.

MUS 10: Music Appreciation

MUS 15: History of Rock

3B - HUMANITIES:

ASL 2: American Sign Language 2

ENGL 13B: Survey of Engl. Lit.

ENGL 36: Children's Literature

HUM 70: Exploring Cont. TV

SPAN 3: Spanish 3

ASL 3: American Sign Language 3

ENGL 15: Lit. By/About Women

FREN 2: French 2

JAPN 2: Japanese 2

SPAN 4: Spanish 4

ASL 4: American Sign Language 4

ENGL 16: Poetry

GERM 2: German 2

JAPN 3: Japanese 3

SPAN 12: Inter. Spanish Conversation

ENGL 10A: World Lit. (to 1650)

ENGL 17: Intro to Shakespeare

HIST 2: World Civiliz. to 1500 C.E.

JAPN 4: Japanese 4

ENGL 10B: World Lit. (after 1650)

ENGL 18: African American Lit.

HIST 3: World Civiliz. 1500 to Present

PHIL 6: Intro. to Philosophy

ENGL 11A: Survey of Am. Lit.

ENGL 19: Survey of the Bible as Lit.

HIST 25: African Am. History

PHIL 7: Ethics: Under. Right/Wrong

ENGL 11B: Survey of Am. Lit

ENGL 20: World Mythology

HUM 2: Exploring the Humanities

PHIL 14: Modern Western Philosophy

ENGL 13A: Survey of Engl. Lit.

ENGL 25: Linguistics

HUM 4: Humanities Thr. the Film

SPAN 2: Spanish 2

AREA 4 - SOCIAL AND BEHAVIORAL SCIENCES (one course; 3 semester or 4 quarter units)

AGAB 54: Ag. Economics

ECON 1A: Prin./ Economics (Micro)

HIST 1B: History of Western Civiliz.

HLTH 6: Culture and Health

PSYC 15: Social Psychology

ANTH 2: Cultural Anthropology

ECON 1B: Prin./Economics (Macro)

HIST 2: World Civiliz. to 1500 C.E.

POLS 1: Intro to Political Science

PSYC 17: Abnormal Psychology

ANTH 14: Religion, Myth, and Ritual

ETHS 5: Intro to Asian Am. Studies

HIST 3: World Civiliz. 1500 to Present

POLS C1000: Am. Gov. & Politics

PSYC 20: Cross-cultural Psychology

ANTH 25: Cul/Hist/ N. Amer. Ind.

ETHS 8: Intro to African Am. Studies

HIST 17A: United States History

POLS 15: Intro to Political Theory

PSYC 41: Cult/Soc Context-Childh'd

ARCH 3: Principles of Archaeology

ETHS 11: Inters.Race/Eth./Health

HIST 17B: United States History

POLS 20: Politics of the Devel World

PSYC 46: Human Memory & Learning

COMM 10: Interp. Communication

GEOG 1B: Human Geography

HIST 25: African Am. History

POLS 25: Intro to Inter Relations

SOC 1: Introduction to Sociology

COMM 50: Gender/Communicatio

GEOG 7: California Geography

HIST 35: Hist of Mex/Americans

PSYC C1000: Intro to Psychology

SOC 2: Social Problems

ECE 1: Human Development

GEOG 8: World Reg. Geography

HIST 38: History/World Religions

PSYC 5: Human Sexuality

SOC 15: Sociology of Mass Media

ECE 9: Child Growth/Development

HIST 1A: History of Western Civiliz.

HIST 40: History & Gov. of CA

PSYC 14: Personal/Social Adjust

SOC 25: Race, Ethnicity, & Society
SOC 30: Sociology of Gender

AREA 5 - PHYSICAL AND BIOLOGICAL SCIENCES (one course; 3 semester or 4 quarter units)

5A - PHYSICAL SCIENCES:

ASTR 2: Stellar Astronomy

CHEM 71: Organic Chemistry

ESCI 12: General Earth Science*

PHSC 1: Physical Science Survey*

ASTR 3: Astronomy: The Solar System

CHEM 71A: Organic Chemistry Lab

ESCI 14: Meteorology

PHYS 2A: General College Physics*

CHEM 1A: General Chemistry

ESCI 1: The Active Earth

ESCI 14L: Meteorology Lab

PHYS 2B: General College Physics*

CHEM 1B: General Chemistry

ESCI 2: Earth: The History/Planet

ESCI 15: Oceanography

PHYS 4A: Physics (Mechanics)*

CHEM 2A: Intro to Chemistry*

ESCI 3: Mineralogy & Crystal Optics

ESCI 16: Coastal Marine Sciences

PHYS 4B: Physics (Electricity & Magnetism)*

CHEM 2B: Intro to Org & Bio Chemistry+

ESCI 6: Ancient Life

ESCI 16L: Coastal Marine Sciences Lab

PHYS 4C: Physics

CHEM 10: Chemistry for Liberal Arts*

ESCI 7: Calif. Thro Time, A Geol Journey

ESCI 17: Earth System Science

PHYS 4C: Physics

CHEM 11: Chemistry Lab/Liberal Arts*

ESCI 8: Planetary Geology

ESCI 18: Global Climate: Past/Present/Future

(Thermo/Waves/Optics/Relativity/Quantum

CHEM 70: Organic Chemistry

ESCI 9: Earthquakes, Volcanoes

GEOG 1A: Physical Geography

Mechanics)*

CHEM 70A: Organic Chemistry Lab

ESCI 10: Environmental Geology

GEOG 1AL: Physical Geography Lab

5B – BIOLOGICAL SCIENCES:

AGNR 60: Environmental Science

BIOL 5: Intro to Human Biology*

BOT 1: General Botany

NUTR 25: Nutrition

AGNR 61: Environmental Science Lab

BIOL 6: Intro to Human Biology Lab*

BOT 15: Plants and People

PHY 1: Physiology

AGPS 20: Plant Science

BIOL 10 General Biology+

BOT 15L: Plants and People Lab

ZOOL 1: General Zoology

ANAT 1: Human Anatomy

BIOL 10L: General Biology Lab

MICR 1: Microbiology

ANTH 1: Physical Anthropology

BIOL 11: Diversity of Life

NHIS 5: Natural History of the Neotropics

BIOL 1: Principles of Biology

BIOL 12: Field Biology

NHIS 5L: Natural Hist of the Neotropics Lab

BIOL 12L: Field Biology Lab

NHIS 15: Natural History of California

AREA 6 – ETHNIC STUDIES (one course; 3 semester or 4 quarter units)

ETHS 1: Intro to Ethnic Studies

ETHS 8: Intro to African American Studies

ETHS 5: Intro to Asian American Studies

ETHS 11: Intersectionality of Race, Ethnicity, and Health

"+" and "*"Please see assist for limitations

"P" limit is 14 semester units for both UC transfer and Cal-GETC. Students are strongly encouraged to take courses in their intended major for a letter grade.



Student Name: _____

University Studies - GE Option 3

ID#: _____

2025-2026 GE Option 3 Counseling Worksheet

THIS IS FOR ADVISING PURPOSES ONLY AND NOT A STUDENT EDUCATIONAL PLAN

To graduate with an associate degree at Shasta College, a student must complete the following

RESIDENCE REQUIREMENT (12 semester units)

MAJOR REQUIREMENTS

COMPLETE 30 UNITS TO SATISFY GE-MODIFIED PLAN

COURSES COMPLETED WITH "C" GRADE OR BETTER (P is acceptable)

UNIVERSITY STUDIES MAJOR

COMPLETE 60 UNITS (courses #1-99 & C1000)

*GE Option 3 is for Independent, Out-of-State universities, and high unit/specialized majors.

*Cal-GETC certification is not a requirement for admission to most UCs and CSUs, nor is it the only way to fulfill the lower-division requirements.

Meet with a counselor and/or visit www.assist.org for more information

*Students who have already earned a Bachelor Degree or higher from an accredited university are exempt from the General Education requirement. See a counselor for exemption form.

*Shasta College offers the following University Studies Degrees, please visit [Shasta College Programs](#) for degree codes;

- Agriculture Sciences
- Business Administration
- Engineering
- Liberal Studies - Teaching Prep
- Oceanography & Marine Science
- Physical Sciences
- Social Sciences
- Allied Health
- Earth Science Teacher
- Humanities
- Natural Sciences
- Physical Education
- Quantitative Reasoning
- World Languages
- Biological Sciences
- Earth Sciences
- Language Arts

Please work with a Counselor to develop an educational plan that includes major preparation

EXTERNAL EXAMINATIONS

For information on using Advanced Placement (AP) credit to fulfill GE requirements, view the [AP Exam Credit Equivalency Chart](#). For information on using IB credit to fulfill GE requirements, via [the International Baccalaureate \(IB\) Examinations](#). CLEP can be used to satisfy CSU-GE. *Note: The University of California does not accept credit awarded through CLEP.*

UC CREDIT LIMITATIONS

Every California Community College has a Transfer Course Agreement (TCA) with the University of California that specifies how many units of credit will be granted by the UC. Students should pay special attention to courses and units granted when applying the units to meet the 60 units for admission.

UNIT VALUE

When combining quarter and semester unit values within a Cal-GETC area, units shall be converted to either all quarter units or all semester units to benefit the student.

INTERNATIONAL COURSEWORK

International coursework may be applied if the international institution has United States accreditation. All other international coursework cannot be applied.

APPROPRIATE COURSES FOR GE OPTION 3

Courses must be both CSU and UC transferable. Please visit www.assist.org for transferability. [Shasta College Articulation](#) website for approved institutionally accredited institutions.

AREA 1: ENGLISH COMMUNICATION - (two courses, 6 semester units)

1A: ENGLISH COMPOSITION - (one course)

Shasta College Course: _____

*Other Approved Institution: _____

Course: _____ Units: _____

Transfer Course: _____

1C: ORAL COMMUNICATION - (one course)

Shasta College Course: _____

*Other Approved Institution: _____

Course: _____ Units: _____

Transfer Course: _____

AREA 2: MATH CONCEPTS & QUANTITATIVE REASONING - (one course, 3 semester units)

Shasta College Course: _____

*Other Approved Institution: _____

Course: _____ Units: _____

Transfer Course: _____

AREA 3: ARTS & HUMANITIES - (one course, 3 semester units)

Shasta College Course: _____

*Other Approved Institution: _____

Course: _____ Units: _____

Transfer Course: _____

AREA 4: SOCIAL & BEHAVIORAL SCIENCES - (one course, 3 semester units)

Shasta College Course: _____

*Other Approved Institution: _____

Course: _____ Units: _____

Transfer Course: _____

AREA 5: PHYSICAL & BIOLOGICAL SCIENCES - (one course, 3 semester units)

Shasta College Course: _____

*Other Approved Institution: _____

Course: _____ Units: _____

Transfer Course: _____

AREA 6: ETHNIC STUDIES - (one course, 3 semester units)

Shasta College Course: _____

*Other Approved Institution: _____

Course: _____ Units: _____

Transfer Course: _____

SELECT ADDITIONAL COURSES FROM AREA 1B, 3, 4, 5 FROM TWO DIFFERENT AREAS TO TOTAL 30 OR MORE GE UNITS

Course: _____ Units: _____

Shasta College Course: _____

*Other Approved Institution: _____

Transfer Course: _____

Course: _____ Units: _____

Shasta College Course: _____

*Other Approved Institution: _____

Transfer Course: _____

Course: _____ Units: _____

Shasta College Course: _____

*Other Approved Institution: _____

Transfer Course: _____

MAJOR/EMPHASIS:

CODE: _____

TOTAL UNITS: _____

In Progress / Needed Units: _____ Total Major Units: _____

Completed Units: _____ Total GE Units: _____

NOTES: