



Shasta-Tehama-Trinity Joint Community College District
Drug and Alcohol Abuse Prevention Program
Biennial Review

Academic Years 2023-2024 and 2024-2025

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OVERVIEW

Drug-Free Schools and Communities Act (DFSCA) and Compliance with DFSCA

Receiving funds or any other form of financial assistance under any federal program, including the ***Drug-Free Schools and Communities Act (DFSCA)***, requires colleges and universities to adopt and implement drug and alcohol-abuse prevention programs. Implemented programs focus on prevention of the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees, including on school premises and as part of any of its activities.

Creating a program that complies with the regulations requires a college or university to do the following:

- Prepare a written policy on alcohol and other drugs.
- Develop a sound method for distribution of the policy to every student and employee each year.
- Prepare a biennial review report on the effectiveness of its alcohol and other drug prevention programs and the consistency of policy enforcement.

- Maintain its biennial review report on file so that it can be submitted to the U.S. Department of Education, or any other entity or individual, if so requested.

Specifically, Shasta College does the following:

1. Annually distributes to each student and employee:
 - Standards of conduct that directly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on school premises or as part of any of its activities;
 - A list of the applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
 - A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
 - A list of drug and alcohol programs (counseling, treatment, rehabilitation, and re-entry) that are available to employees or students; and
 - A clear statement that the institution will impose disciplinary sanctions on students and employees for violations of the standards of conduct, a description of those sanctions, up to and including expulsion for students or termination for employees, and referrals for prosecution consistent with local, state, and federal law.
2. The objectives of the biennial review as identified by the U.S. Department of Education include:
 - Determining the effectiveness of the program, assessing and implementing any needed changes to the program; and
 - Ensuring that disciplinary sanctions for violating the College's standards of conduct be consistently enforced.

The current biennial review report is available on the Shasta College website at <https://www.shastacollege.edu/about/drug-free-campus/biennial-program-review>. Maintained archived biennial reports are on file for submission to the U.S. Department of Education, if so requested.

As is the case for many universities and colleges across the United States, drug and alcohol awareness efforts directed to Shasta College students and employees focus on harm reduction and prevention. The College fully supports those who choose to remain abstinent from the use of alcohol or other drugs, and it seeks to provide a broad array of activities that are alcohol and drug-free.

Report Preparation

The following College departments provided information and/or input for this report:

- Campus Safety
- Student Health & Wellness Office
- Human Resources
- Student Services

Materials Reviewed

Examined for the review are the following materials:

- Complying with the Drug-Free Schools and Campuses Regulations (EDGAR Part 86), A Guide for University and College Administrators prepared by the Higher Education Center
- Shasta College Board Policies and Administrative Procedures related to its Drug and Alcohol Abuse Prevention Program
- Shasta College Drug-Free Campus Program Brochure
- Shasta College Website
- Shasta College Catalog

- Shasta College Class Schedule
- Shasta College Annual Security and Fire Safety Report
- Data from eCHECKUP TO GO – Alcohol and eCHECKUP TO GO – Marijuana

DRUG-FREE CAMPUS POLICIES

Shasta College is concerned about the health and welfare of its students and employees. It recognizes alcohol or drug dependency as an illness and a major health problem. The abuse of alcohol and drugs raises not only serious health issues for those involved, but also can lead to accidents, poor productivity, property damage, and even personal injury. The College adheres to local, state, and federal laws regarding substance abuse and strives to create a healthy and productive academic, work, and social environment.

Shasta College affirms its responsibility and commitment to maintaining a drug-free educational environment and workplace. The College prohibits the unlawful manufacture, distribution, dispensing, possession, or use of controlled substances on College property or while conducting College business, regardless of location. Shasta College's Board of Trustees requires strict compliance to the Drug-Free Schools and Communities Act Amendment of 1989, Public Law 101-226, as the same may from time to time be amended. In compliance with the federal Drug-Free Schools and Campuses Regulations, as well as the federal Drug-Free Workplace Act, Shasta College has adopted policies that require students and employees to assist in maintaining a campus environment free from the effects of alcohol, drugs or other intoxicating substances.

Shasta College is committed to having alcohol free and drug free campuses. In compliance with the DFSCA, the following Shasta College policies are in place. The full text of the College's board policies (BP) and administrative procedures (AP) are available to students, employees and the general public on the Shasta College website at www.shastacollege.edu/bp-ap.

BP/AP 3550 – Drug Free Environment and Drug Prevention Program

The College shall be free from all unlawful drugs and from the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.

The unlawful manufacture, distribution, dispensing, possession, or use of alcohol or any controlled substance is prohibited in all facilities under the control or use of the College.

Any student or employee who violates this policy will be subject to disciplinary action (consistent with local, state, or federal law), which may include referral to an appropriate rehabilitation program, suspension, demotion, expulsion, or dismissal.

BP/AP 3560 – Alcoholic Beverages

The Shasta College campus has been designated as drug-free and only under certain circumstances is the consumption of alcohol permitted. The possession, sale, manufacture or distribution of any controlled substance is illegal under both state and federal laws. Such laws are strictly enforced by the College's Campus Safety department. Violators are subject to disciplinary action, criminal prosecution, fines, and imprisonment. It is unlawful to sell, furnish or provide alcohol to a person under the age of 21. The possession of alcohol by anyone under 21 years of age in a public place or a place open to the public is illegal. It is also a violation of this policy for anyone to consume or possess alcohol in any public or private area of campus without prior College approval. Organizations or groups violating alcohol or substance policies or laws may be subject to sanctions by the College.

Specific guidelines regarding events or circumstances in which prior approval for the presence of alcohol may be granted are provided in AP 3560. In all cases, the Assistant Superintendent/Vice President of Instruction, the Assistant Superintendent/Vice President of Administrative Services, or the Superintendent/President must authorize the requesting party's acquisition, possession, use, sale, or consumption of alcohol on campus, or for campus-sponsored events, as

specified in the administrative procedure. Events deemed “Special Events” must receive the permission of the Board of Trustees to be held in order for the presence of alcohol at the event to be approved.

BP/AP 3570 – Smoking and Tobacco Use

Shasta College has a responsibility to its students and employees to provide a safe and healthy environment. Research findings show that smoking and the breathing of secondhand smoke, as well as the use of vaping devices, smokeless tobacco (chew) and exposure to tobacco spit in any District owned, leased, or otherwise controlled property, constitute a significant health hazard.

To fulfill this responsibility, Shasta College prohibits the use of all tobacco products, including but not limited to: cigarettes, cigars, little cigars, chewing tobacco, pipe tobacco, snuff, hookahs, and an electronic device that delivers nicotine or other vaporized liquids to a person inhaling from the device (e.g., e-cigarettes and vaporizers). College property includes but is not limited to: classrooms, offices, lobbies, lounges, waiting areas, stairwells, restrooms, walkways, sidewalks, lawns, athletic fields and viewing stands, warehouses, storage yards, and College-owned or leased vehicles.

BP/AP 5500 – Standards of Conduct and AP 5520 – Student Discipline

Shasta College is committed to maintaining a teaching and learning environment that fosters critical thinking, creativity, personal integrity, and positive self-esteem. The intent of the Standards of Conduct is to define a collegiate standard of behavior, and AP 5520 describes the actions to be taken if a person disregards this standard. As such, the College’s standards of conduct clearly prohibit the illegal use, sale, possession or distribution of alcoholic beverages, narcotics, or controlled substances, or public intoxication.

The entire Shasta College Standards of Conduct and the Student Discipline policy describing due process (other than for academic discipline) is located on the College’s website at the web address provided above. The Standards of Conduct policy also appears in the College Catalog available in the Admissions & Records office and the Annual Security & Fire Safety Report available in the Campus Safety office.

Annual Security & Fire Safety Report

Shasta College’s Campus Safety Department is committed to providing the College with a safe environment conducive to the goals of education and research. In accordance with the Jeanne Clery Campus Safety Act, Campus Safety produces the Annual Security & Fire Safety Report (ASFSR) containing information for each of the College’s campuses related to campus safety and security, crime prevention, on-campus housing fire statistics and safety, emergency response, disciplinary action, campus and community resources, and alcohol and drug policies. Furthermore, the ASFSR identifies policies specifically addressing prevention and response to sexual assault, domestic violence, dating violence, and stalking. In partnership with the community, Campus Safety works to prevent crime and solve problems that affect students and employees. The Annual Security & Fire Safety Report is on the Shasta College website at <http://www.shastacollege.edu/asfsr>.

Distribution of Policies

Dissemination of information pertaining to Shasta College’s Drug-Free Campus Program to students and employees is through the following ways:

- Email notification of the Drug Free Campus Program brochure information to students each semester (2 times per year);
- Email notification of the Drug Free Campus Program brochure to employees annually;
- Inclusion in the Shasta College catalog (produced annually);
- Inclusion in the Shasta College class schedules (produced 3 times per year);
- Printed copies of the Drug-Free Campus Program brochure are available at the Human Resources Office;
- A link to the brochure is included in the online student orientation;
- Printed copies of the brochure are included in new employee orientation packets; and

- Distribution of Shasta College's Annual Security & Fire Safety Report (ASFSR) is to all students and staff via email and posted the College's website at www.shastacollege.edu/asfsr.

The College has developed a Drug Free Campus website containing the following information at:

<https://www.shastacollege.edu/about/drug-free-campus/>

- Drug-Free Campus
- Drug and Alcohol Abuse Prevention Program
- Drug-Free Campus Policies
- Warning Signs of Substance Abuse
- Health Risks
- Student and Employee Assistance Programs
- Preventing Substance Abuse
- Disciplinary and Legal Sanctions
- Biennial Program Review

DATA COLLECTION

To understand the behaviors and needs of students, Shasta College gathers data from a variety of sources. Several of these include:

- eCHUG (eCHECKUP TO GO) – Alcohol
- eTOKE (eCHECKUP TO GO) – Marijuana
- Student Drug, Alcohol and Tobacco Violations from Campus Safety

eCHUG (eCHECKUP TO GO) – Alcohol and eTOKE (eCHECKUP TO GO) – Marijuana

Shasta College offers eCHECKUP TO GO to students and employees providing accurate and personalized feedback about:

- Your individual drinking, cigarette smoking, or marijuana use pattern
- Your risk patterns
- Your aspirations and goals
- Helpful resources at Shasta College and in the local community

These assessments provide confidential feedback to the participants, and all data collection results available to the College are anonymous. Completing these assessments is required in order to reside in the Shasta College dormitories and often is an assignment in certain programs or classes, such as the Gateway to College program, health classes, psychology classes, and drug and alcohol classes. The eCHECKUP TO GO assessments also ask two questions about cigarette smoking. See information provided below:

Collection of the following data was for the years 2022-2023 and 2023-2024:

eCHUG (eCHECKUP TO GO) - Alcohol	2023-2024	2024-2025
College Information		
Shasta Students	217	158
Other College Students	0	1
High School Students	11	9
Non-Students	1	0
Class Level Information		

Freshman	140	98
Sophomore	58	39
Junior	10	11
Senior	8	10
Graduate	5	6
Not Applicable	0	0
Athlete Information		
Athlete	76	56
Non-Athlete	154	112
Residence Information		
On-Campus	132	103
Off-Campus	98	65
Number of Drinks per Month	Min = 0 Max = 107.5 Avg = 2.96	Min = 0 Max = 120.4 Avg = 4.06
Money Spent on Alcohol per Week	Min = 0 Max = 100 Avg = 2.46	Min = 0 Max = 105 Avg = 3.29
Negative Consequences (AUDIT-Alcohol Use Disorders Identification Test) Score	Min = 0 Max = 25 Avg = 1.43	Min = 0 Max = 20 Avg = 1.29
Family Risk Level	Min = 0 Max = 49 Avg = 4.98	Min = 0 Max = 50 Avg = 3.72
Number of times they drive a vehicle after drinking	Min = 0 Max = 2 Avg = 0.01	Min = 0 Max = 1 Avg = 0.02
Number of times they were a passenger in a vehicle when the driver had been drinking	Min = 0 Max = 6 Avg = 0.11	Min = 0 Max = 8 Avg = 0.07

eTOKE (eCHECKUP TO GO) – Marijuana & Cigarettes	2023-2024	2024-2025
College Information		
Shasta Students	184	177
Other College Students	0	2
High School Students	9	5
Non-Students	1	2
Class Level Information		
Freshman	109	110
Sophomore	55	46
Junior	10	10
Senior	5	8
Not Applicable	0	0
Athlete Information		
Athlete	64	61
Non-Athlete	130	125
Residence Information		
On-Campus	122	120
Off-Campus	72	66

Weeks in a Month using Marijuana	Min = 0 Max = 4.3 Avg = 0.46	Min = 0 Max = 4.3 Avg = 0.45
Hours per Week Under the Influence of Marijuana	Avg = 0.44	Avg = 0.44
How often users mix Marijuana and Alcohol	Never: 172 Sometimes: 19 Often: 3	Never: 161 Sometimes: 20 Often: 5 Always: 1
Money Spent on Marijuana in a Typical Week	Min = 0 Max = 150 Avg = 4.51	Min = 0 Max = 150 Avg = 3.25
Number of Cigarettes per Month*	Min = 0 Max = 602 Avg = 14.14	Min = 0 Max = 301 Avg = 8.85
Number of Years Smoking Cigarettes	Min = 0 Max = 32 Avg = 0.88	Min = 0 Max = 40 Avg = 0.66

- Cigarettes per month calculated as cigarettes per day * 30.1

Student Tobacco Cessation

The Student Health & Wellness Office offers smoking cessation support and resources to students both in the office on the main Redding campus and through telehealth services. These resources include educational materials, and access to evidence-based tools designed to help the student reduce or quit tobacco use.

PROGRAMS, SERVICES AND OTHER INITIATIVES

Alcohol-Free Activities

Shasta College offers a broad range of alcohol-free activities, including guest speakers, music and theatre productions, sporting events, student club/organization events, academic opportunities, social programs, and others. Some of these activities specifically target evening audiences so as to divert high-risk evening drinking into pro-social activities.

All student activities are alcohol-free events. There are several student activities throughout the year that encourage student participation while in a fun, alcohol-free environment. A sample of student activities that took place over the last two years include an art show, student club activities, Veteran lunches, music and theatre productions, and guest speakers on various topics.

Behavioral Intervention Resource Team (BIRT)

Shasta College's BIRT is a member of NaBITA, The National Behavioral Intervention Team Association. Our vision is to make our campuses and workplaces safer environments where development, education, and caring intervention are fostered and encouraged. One component of BIRT is to assist those who are in crisis due to drug or alcohol issues. Members of the Student Health & Wellness Office, as well as other College employees, are actively involved in BIRT.

Human Resources Office

Through the onboarding process, all newly hired employees acknowledge receipt of the District's Drug-Free/Alcohol-Free Workplace policy. The College is interested in the continued good health and personal well-being of its students and employees and recognizes that individuals suffering from alcohol or drug dependence can be treated. Students and employees may contact the Human Resources Office at (530) 242-7640 for a referral service. Any such contact will be kept in strict confidence except insofar as may be required by law. In addition, employees may be entitled to apply for a Family Medical Leave under the Family Medical Leave Act so that they may address a substance abuse problem prior to it impacting their ability to do their job.

Employee Assistance Program

Shasta College offers an Employee Assistance Program (EAP) free to all permanent employees (whether or not they may have medical benefits) as well as part-time faculty, temporary employees and substitutes. EAP services are also available to the household members of Shasta College employees at no cost. The program is a confidential information, support, and referral service offering tools and resources designed to help maximize productivity and meet the challenges of modern life. Six free counseling sessions per incident as well as addiction and recovery are just two of the areas frequently addressed by the EAP. Specific information about the services offered can be obtained at the Anthem Employee Assistance Program webpage at www.anthemead.com and enter SISC. The EAP may also be contacted by phone at (800) 999-7222.

Other Resources

Shasta College provides an extensive listing of student and employee assistance programs available for individuals experiencing alcohol and/or drug abuse problems. These resources may be provided by the College, the local community, or be nationally based. Contact information can be found on the College's website at <https://www.shastacollege.edu/about/drug-free-campus/student-and-employee-assistance-programs/>.

Available resources include:

Shasta College Assistance

Student Health & Wellness Office (for students)	SC Main Campus, Room 2020	(530) 242-7580
Human Resources Office (for employees)	SC Main Campus, Room 121	(530) 242-7640
Employee Assistance Program (for employees)	--	(800) 999-7222
Substance Abuse Awareness Class – HLTH 3 (offered each semester)	Check the SC Class Schedule for more information	--

Community / National Resources

Name	Location	Contact Information
Shasta County Mental Health Resources	2640 Breslauer Way, Redding	(530) 225-5252 24-hr line: (888) 385-5201
Alcoholics Anonymous - Shasta, Siskiyou, Trinity & Tehama Counties	--	(530) 225-8955
Shasta County Substance Use Treatment Wellness and Recovery Program	2640 Breslauer Way, Redding	24-hr line: (855) 765-9703
Narcotics Anonymous – Shasta County		(530) 221-5060
Narcotics Anonymous – Shasta & Trinity Counties	--	(800) 764-1081
Narcotics Anonymous – River Cities Area (Tehama County)	--	(530) 690-5549
Tehama County Health Services Agency Substance Use Recovery Services	1850 Walnut Street, Red Bluff 275 Solano Street, Corning	(530) 527-7893 or (530) 824-4890 24-hr line: (800) 240-3208 or (888) 624-5820
Trinity County Alcohol and Other Drug Services	1450 Main Street, Weaverville 154-B Tule Creek Road, Hayfork	(530) 623-1362 (530) 628-4111 24-hr line: (530) 623-5708
Shasta Options	2750 Eureka Way #101, Redding	(530) 224-5469
Empire Recovery Center	Outpatient & Residential - Redding	24-hr line: (530) 243-7470
Substance Abuse and Mental Health Services Administration (SAMSHA)	--	24-hr line: (800) 662-HELP (4357)

Smoking Cessation Programs

Name	Location	Contact Information
American Cancer Society	--	www.cancer.org Empowered to Quit program
Shasta County Nicotine Cessation Program	--	(530) 209-5661
CDC Smoker's Helpline	--	(800) QUIT-NOW Text QUITNOW to 333888
Kick It CA – Quitting cigarettes, vapes, smokeless tobacco	--	www.kickitca.org (800) 300-8086
Nicotine Anonymous	--	(877) 879-6422

VIOLATIONS & SANCTIONS

In addition to alcohol and drug policies, the Annual Security & Fire Safety Report from the Campus Safety department includes data on violations, referrals for sanctions, and arrests with regard to alcohol and drug incidents.

Sanctions/Actions: Innocent of all charges, Warning Letter, Blocked Registration/Removed Consent, Removed from Dorms, Probation, Short-term suspension, disciplinary probation.

The data below includes incidents from the ASR for counting in order to fully reflect incidents involving alcohol and drugs within our Clery geography.

The following data pertaining to all Shasta College campuses was collected for the years 2022-2023 and 2023-2024:

Alcohol and Drug Violations and Outcomes				
Year	Drug Referrals	Drug Arrests	Alcohol Referrals	Alcohol Arrests
2022-2023	1	0	4	0
2023-2024	2	0	2	0

SUMMARY AND RECOMMENDATIONS

Shasta College uses a comprehensive, environmental approach to address alcohol and other drug use on campus, focusing on policy, education, social life, academics, enforcement, coalitions/collaboration, and intervention. All components work together to ensure that Shasta College students and staff are provided information and resources that promote a safe and healthy environment that works to reduce the risks associated with alcohol and drug use among the members of our community.

The main goal of conducting this biennial review of the College's Drug and Alcohol Prevention Program Plan is to assess what we are doing regarding this issue and determine if our efforts are effective. Following is a list of the identified strengths and weaknesses of the program, as well as recommendations for improvement.

Program Strengths

- Shasta College has comprehensive written policies regarding drug and alcohol prevention, as well as violations and sanctions based upon four policies and local, state and federal laws;
- Notifications of the College's Drug-Free Campus Program are sent to students each semester via email, and are made available through online orientation, in writing at the Human Resources Offices, through the course catalog (annually);
- Annual notifications of the College's Drug-Free Campus Program are sent to employees via email, are included in the new employee orientation packet, and are reviewed at the new employee orientation meeting conducted by the Associate Vice President of Human Resources;
- Shasta College, local community and national resources for prevention and assistance for persons experiencing drug, alcohol or tobacco use issues are available in the notifications cited previously and on the Shasta College website at www.shastacollege.edu/about/drug-free-campus/student-and-employee-assistance-programs/;
- The College's Annual Security & Fire Safety Report, which provides information regarding Drug-Free Campus policies, drug- and alcohol-related incidents, and resulting sanctions or referrals, is prepared and distributed annually to students and employees, and is posted on the Shasta College website at www.shastacollege.edu/asfsr;
- Self-assessment tools—eCHECKUP TO GO for Alcohol and Marijuana—are provided to students and employees to assist with recognizing patterns of behavior that may create risks or negative outcomes; and
- Routine review and updating of Board Policies and Administrative Procedures ensures adherence to legislative amendments and reflects changes in requirements

Program Weaknesses

- Shasta College could work to promote information about the Drug and Alcohol Abuse Prevention Program and its activities more extensively on a campus-wide basis.

Program Recommendations

Shasta College should continue with the comprehensive measures and activities it has to this point undertaken in its pursuit of a safe, drug-free educational and work environment. To supplement its efforts, the College should pursue the following recommendations:

- Develop and enhance a marketing strategy to reach more members of the Shasta College community to support the College's drug and alcohol abuse prevention efforts.