



Shasta College

2025-2026 Catalog Addendum

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The Shasta College Catalog Addendum for 2025-2026 is a summary of New Courses, New Programs, changes to existing courses or programs that are mandated by outside accrediting bodies that cannot be implemented under normal curriculum timelines, and system-wide, state, or federal policy or procedure changes that cannot be implemented under normal curriculum timelines. Changes to curriculum are made through the Curriculum Committee and the CCC Chancellor's Office and these approved changes are effective for the Spring 2026 semester, unless otherwise noted. Please use the information contained here as the most accurate and up-to-date catalog information regarding new courses, new programs, and mandated changes.

CHAPTERS 1-2:

(No Updates)

CHAPTER 3: PROGRAMS OF STUDY

(No Updates)

CHAPTER 4: COURSES

The following shall be considered included in the 2025-2026 College Catalog, with the effective date of Spring 2026.

ADMINISTRATION OF JUSTICE (ADJU)

ADJU 152 BACKGROUND INVESTIGATION – 1.5 Units

Grading: Pass/No Pass Option

Class Hours: 18 lecture/27 lab total

This course provides background investigators with the knowledge and tools necessary to conduct proper and thorough pre employment background investigations. This course will ensure background investigations are conducted in compliance with the applicable minimum standards for employment as outlined by the Commission on Peace Officer Standards and Training (POST) and applicable local, state, and federal laws.

ADJU 162 ADULT CORRECTIONS OFFICER SUPPLEMENTAL CORE – 2 Units

Class Hours: 18 lecture/27 lab total

Limitation on Enrollment: Students must submit to and successfully pass a LIVESCAN background check in order to register for this course.

Note: This course meets or exceeds Standards and Training for Corrections' minimum training in a condensed format for individuals employed as adult correctional officers who successfully completed a certified police academy approved by the Commission on Peace Officer Standards and Training (POST).

Note: Students must be at least 18 years of age and have a High School Diploma or GED in order to enroll in this course.

Note: Appropriate attire is required for all physical training.

Note: Students need to be prepared for the rigor of the physical conditioning and defensive tactics training. Pre-existing medical conditions may interfere with the successful completion of the course.

This state-mandated training provides California peace officers, as described in Section 830.1 of the California Penal Code, assigned to adult jails with supplemental core instruction necessary for compliance with Title 15 regulations and the standards established by the Board of State and Community Corrections (BSCC). This course is offered in a condensed format for individuals employed as Adult Corrections Officers (ACOs) who attended and successfully completed a certified police academy approved by the Commission on Peace Officers Standards and Training (POST). The course delivers 79 hours of essential training in correctional operations, inmate rights, legal responsibilities, communication, and safety protocols within adult detention settings. The curriculum emphasizes practical application of correctional procedures, ethics, report writing, emergency response, use of force, and effective supervision techniques, ensuring personnel meet professional competencies in the care, custody, and control of adult inmates.

CAREER AND LIFE SUCCESS (CALs)

CALS 156A READING: CAREER AND LIFE – 1 Unit

Grading: Pass/No Pass Option

Class Hours: 18 lecture total (when offered in the distance education format, hours will total 54)

This course is designed to strengthen students' active reading and critical thinking abilities. This course focuses specifically on practical applications in daily life and the workplace, and is especially helpful for students with disabilities or other life challenges. This course will explore materials relevant to adulthood and employment. Students will read and interact with texts such as short stories, articles, signage, the DMV Handbook, health and safety documents, and employment announcements. Students will engage in a variety of activities, including lectures, class discussions, cooperative exercises, homework, and online assignments, tailored to accommodate diverse skill levels. By the end of the course, students will enhance their ability to read critically and apply these skills to improve workplace readiness. This course may be offered in a distance education format.

CALS 156B WRITING FOR LIFE – 1 Unit

Grading: Pass/No Pass Option

Class Hours: 18 lecture total (when offered in the distance education format, hours will total 54)

This course is designed to assist students with disabilities or other life challenges in developing practical writing and critical thinking skills essential for everyday life. It focuses on applying writing strategies to real-world situations, including techniques for word recognition, vocabulary building, and mastering basic writing conventions such as sentence and paragraph structure. Instruction will be tailored to each student's individual skill level. The primary goal is to enhance students' writing and critical thinking abilities, emphasizing materials relevant to adult responsibilities and practical applications. This course may be offered in a distance education format.

CALS 156C WRITING FOR CAREER – 1 Unit

Grading: Pass/No Pass Option

Class Hours: 18 lecture total (when offered in the distance education format, hours will total 54)

This course is designed for students with disabilities or other life challenges, and provides practical applications of writing and critical thinking skills for securing and maintaining employment. Instruction will focus on developing work-related language proficiency, including the creation of job applications, thank-you letters, cover letters, and resumes. Course materials will be customized to meet each student's skill level. This course may be offered in a distance education format.

NUTRITION (NUTR)

NUTR 50 YOUTH WELLNESS COACHING – 3 Units

Class Hours: 54 lecture total (when offered in the distance education format, hours will total 162)

This course introduces wellness coaching strategies tailored for adolescents and young adults, with a focus on motivation, resilience, and healthy habit formation. Students will learn evidence-based coaching approaches, including Motivational Interviewing, whole-person wellness frameworks, and trauma-informed practices. Emphasis is placed on fostering autonomy, supporting identity development, and facilitating group coaching methods that promote peer accountability and authentic conversation. This course may be offered in a distance education format. *(CSU transferable)*

PHYSICAL EDUCATION – ATHLETICS (PEAT)

PEAT 55 OFF-SEASON WOMEN'S BEACH VOLLEYBALL PRACTICE – 3 Units

Grading: Pass/No Pass Option

Note: This course is repeatable in accordance with Title 5 regulations. The California Community College Athletic Association (CCCCAA) regulations also allow for repeated enrollment based on a student athlete's eligibility for the particular sport.

Class Hours: 175 lab total

This is an intercollegiate class designed for the development of the beach volleyball athlete during the off-season of competition. The course will involve strength and conditioning programs, as well as practicing specific skills and techniques for the sport of beach volleyball in preparation for the next intercollegiate beach volleyball season. *(CSU transferable)*

CHAPTERS 5-10:

(No Updates)