



Shasta-Tehama-Trinity Joint Community College District
Drug and Alcohol Abuse Prevention Program
Biennial Review

Academic Years 2017-2018 and 2018-2019

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OVERVIEW

Drug-Free Schools and Communities Act

The Drug-Free Schools and Communities Act (DFSCA) requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, a college or university must adopt and implement a drug and alcohol abuse prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities.

Creating a program that complies with the regulations requires a college or university to do the following:

- Prepare a written policy on alcohol and other drugs.
- Develop a sound method for distribution of the policy to every student and employee each year.
- Prepare a biennial review report on the effectiveness of its alcohol and other drug prevention programs and the consistency of policy enforcement.
- Maintain its biennial review report on file so that it can be submitted the U.S. Department of Education, or any other entity or individual, if requested to do so.

Compliance with the DFSCA

Shasta College complies with the requirements of the DFSCA. The College has implemented a variety of programs and services to prevent the abuse of alcohol and the use, unlawful possession, and distribution of illicit drugs both by students and employees, as demonstrated through this biennial review. Specifically, the College does the following:

1. Annually distributes to each student and employee:
 - Standards of conduct that directly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on school premises or as part of any of its activities;
 - A description of the applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
 - A description of the health risks associated with the use of illicit drugs and the abuse of alcohol; and
 - A clear statement that the institution will impose sanctions on students and employees for violations of the standards of conduct, a description of those sanctions, up to and including expulsion for students or termination for employees, and referrals for prosecution consistent with local, state, and federal law.
2. The objectives of the biennial review as identified by the U.S. Department of Education include:
 - Determining the effectiveness of the program, assessing and implementing any needed changes to the program; and
 - Ensuring that the disciplinary sanctions for violating the College's standards of conduct are enforced consistently.

The current biennial review report is available on the Shasta College website at <https://www.shastacollege.edu/about/drug-free-campus/>. Archived biennial reports are maintained on file for submission to the U.S. Department of Education, if requested to do so.

As is the case for many universities and colleges across the United States, drug and alcohol awareness efforts directed to Shasta College students and employees focus on harm reduction and prevention. As well, the College fully supports those who choose to remain abstinent from the use of alcohol or other drugs, and it seeks to provide a broad array of activities that are alcohol and drug-free.

Report Preparation

The following College departments provided information and/or input for this report:

- Campus Safety
- Student Health & Wellness Office

- Human Resources
- Assistant Superintendent/Vice President of Student Services Office
- Dean of Students Office

Materials Reviewed

The following materials were examined for this review:

- Complying with the Drug-Free Schools and Campuses Regulations (EDGAR Part 86), A Guide for University and College Administrators prepared by the Higher Education Center
- Shasta College Board Policies and Administrative Procedures related to its Drug and Alcohol Abuse Prevention Program
- Shasta College Drug-Free Campus Program Brochure
- Shasta College Website
- Shasta College Catalog
- Shasta College Class Schedule
- Shasta College Annual Security Report
- Data from eCHECKUP TO GO – Alcohol and eCHECKUP TO GO – Marijuana
- Behavioral Intervention Response Team (BIRT)

DRUG-FREE CAMPUS POLICIES

Shasta College is committed to having alcohol free and drug free campuses. The College's board policies (BP) and administrative procedures (AP) are available to students, employees and the general public on the Shasta College website at <https://www.shastacollege.edu/about/leadership-organization/board-of-trustees/board-policies-administrative-procedures/>.

In compliance with the DFSCA, the following Shasta College policies are in place. Full text of these policies and procedures can be viewed at the web address provided above.

BP/AP 3550 – Drug Free Environment and Drug Prevention Program

Shasta College affirms its responsibility and commitment to maintaining a drug-free educational environment and workplace. The College prohibits the unlawful manufacture, distribution, dispensing, possession, or use of controlled substances on College property or while conducting College business, regardless of location. Shasta College's Board of Trustees requires strict compliance to the Drug-Free Schools and Communities Act Amendment of 1989, Public Law 101-226, as the same may from time to time be amended.

Shasta College is concerned about the health and welfare of its students and employees. It recognizes alcohol/drug dependency as an illness and a major health problem. The College also adheres to local, state, and federal laws regarding substance abuse and strives to create a healthy and productive academic, work, and social environment. The abuse of alcohol and drugs raises not only serious health issues for those involved, but also can lead to accidents, poor productivity, property damage, and even personal injury. In compliance with the federal Drug-Free Schools and Campuses Regulations, as well as the federal Drug-Free Workplace Act, Shasta College has adopted policies that require students and employees to assist in maintaining a campus environment free from the effects of alcohol, drugs or other intoxicating substances.

Students are prohibited from the following when attending classes, when attending any College-sponsored activity or program regardless of location, while on campus, or while in any vehicle used for College business.

Similarly, employees are prohibited from the following when reporting for work, while on the job or performing job related functions regardless of location, while attending any College-sponsored activity, while on campus, or while in any vehicle used for College business.

Specifically, students and employees are prohibited from the following:

- The unlawful use, possession, transportation, manufacture, sale or other distribution of an illegal or controlled substance or drug paraphernalia, or the misuse of or distribution to anyone other than the person to whom prescribed, of any prescription drug.
- The unauthorized use, possession, transportation, manufacture, sale or other distribution of alcohol.
- Being impaired by alcohol regardless of blood alcohol level or having a blood alcohol level at or over the legal limit, whether visibly impaired or not.
- Having a detectable amount of an illegal or controlled substance in the blood or urine (whether visibly impaired or not), or abuse of any controlled substance or prescription medication.

BP/AP 3570 – Smoking and Tobacco Use

Shasta College has a responsibility to its students and employees to provide a safe and healthful environment. Research findings show that smoking and the breathing of secondhand smoke, as well as the use of smokeless tobacco (chew) and exposure to tobacco spit in any District owned or leased property, constitute a significant health hazard. To enable the College to fulfill this responsibility, Shasta College has imposed the following restrictions:

- No use of tobacco products, including eCigarettes, vaping devices and cartridges is permitted within any College-owned and/or leased facility.
- No use of tobacco products, including eCigarettes, vaping devices and cartridges is permitted on the grounds of any college-operated athletic field or facility.

- No use of tobacco products, including eCigarettes, vaping devices and cartridges is permitted in College-owned vehicles.
- The sale of tobacco products, including eCigarettes, vaping devices and cartridges on all College-owned and/or leased property is prohibited.
- Use of tobacco products, including eCigarettes, vaping devices and cartridges on College-owned or leased property is prohibited.

BP/AP 3560 – Alcoholic Beverages

The Shasta College campus has been designated as drug-free and only under certain circumstances is the consumption of alcohol permitted. The possession, sale, manufacture or distribution of any controlled substance is illegal under both state and federal laws. Such laws are strictly enforced by the College’s Campus Safety department. Violators are subject to disciplinary action, criminal prosecution, fines, and imprisonment. It is unlawful to sell, furnish or provide alcohol to a person under the age of 21. The possession of alcohol by anyone under 21 years of age in a public place or a place open to the public is illegal. It is also a violation of this policy for anyone to consume or possess alcohol in any public or private area of campus without prior College approval. Organizations or groups violating alcohol or substance policies or laws may be subject to sanctions by the College.

Specific guidelines regarding events or circumstances in which prior approval for the presence of alcohol may be granted are provided in AP 3560. In all cases, the Assistant Superintendent/Vice President of Instruction, the Assistant Superintendent/Vice President of Administrative Services, or the Superintendent/President must authorize the requesting party’s acquisition, possession, use, sale, or consumption of alcohol on campus, or for campus-sponsored events, as specified in the administrative procedure. Events deemed “Special Events” must receive the permission of the Board of Trustees to be held in order for the presence of alcohol at the event to be approved.

BP 5500 – Standards of Conduct and BP/AP 5520 – Student Discipline

Shasta College is committed to maintaining a teaching and learning environment that fosters critical thinking, creativity, personal integrity, and positive self-esteem. The intent of the Standards of Conduct is to define a collegiate standard of behavior, and BP/AP 5520 describes the actions to be taken if a person disregards this standard. As such, the College’s standards of conduct clearly prohibit the illegal use, possession or distribution of alcoholic beverages, narcotics, or controlled substances, or public intoxication.

The entire Shasta College Standards of Conduct and the Student Discipline policy describing due process (other than for academic discipline) is located on the College’s website at <https://www.shastacollege.edu/about/leadership-organization/board-of-trustees/board-policies-administrative-procedures/>. The Standards of Conduct policy also appears in the College Catalog and the Annual Security Report and copies are available in the Admissions & Records Office.

Annual Security Report

Shasta College’s Campus Safety Department (Campus Safety) is committed to providing the College with a safe environment conducive to the goals of education and research. As part of this commitment, and in accordance with the Jeanne Clery Act, Campus Safety produces the Campus Safety Crime and Fire Report (Annual Security Report (ASR)) containing information for each of the College’s campuses related to campus safety and security, crime prevention, on-campus housing fire statistics and safety, emergency response, disciplinary action, campus and community resources, and alcohol and drug policies. Furthermore, the ASR identifies policies specifically addressing prevention and response to sexual assault, domestic violence, dating violence, and stalking. In partnership with the community, Campus Safety works to prevent crime and solve problems that affect students and employees. The Annual Security Reports can be found on the Shasta College website at www.shastacollege.edu/asr.

Distribution of Policies

Information pertaining to Shasta College’s Drug Free Campus Program is disseminated to students and employees in the following ways:

- Email notification of the Drug Free Campus Program brochure information to students each semester (3 times per year);

- Email notification of the Drug Free Campus Program brochure to employees annually;
- Inclusion in the Shasta College catalog (produced annually);
- Inclusion in the Shasta College class schedules (produced 3 times per year);
- Printed copies of the Drug Free Campus Program brochure are available at the Admissions & Records Office and at the Human Resources Office;
- A link to the brochure is included in the online student orientation;
- Printed copies of the brochure are included in new employee orientation packets; and
- Shasta College's Annual Security Report is distributed to all students and staff via email and is posted on the College's website at www.shastacollege.edu/asr.

The College has developed a Drug Free Campus website which can be found at <https://www.shastacollege.edu/about/drug-free-campus/> which contains the following information:

- Drug-Free Campus
- Drug and Alcohol Abuse Prevention Program
- Drug-Free Campus Policies
- Warning Signs of Substance Abuse
- Health Risks
- Student and Employee Assistance Programs
- Preventing Substance Abuse
- Disciplinary and Legal Sanctions
- Biennial Program Review

DATA COLLECTION

In order to better understand the behaviors and needs of students, Shasta College gathers data from a variety of sources. Several of these include:

- eCHUG (eCHECKUP TO GO) – Alcohol
- eTOKE (eCHECKUP TO GO) – Marijuana
- Combined student tobacco cessation and carbon monoxide screening activities
- Behavioral Intervention Response Team (BIRT) Interventions
- Student Drug, Alcohol and Tobacco Violations

eCHUG (eCHECKUP TO GO) – Alcohol and eTOKE (eCHECKUP TO GO) – Marijuana

Shasta College offers eCHECKUP TO GO to students and employees which provides accurate and personalized feedback about:

- Your individual drinking or marijuana use pattern
- Your risk patterns
- Your aspirations and goals
- Helpful resources at Shasta College and in the local community

These assessments provide confidential feedback to the participants, and all data collection results available to the College are anonymous. Completing these assessments is required in order to reside in the Shasta College dorms, and often is an assignment in certain programs or classes, such as the Gateway to College program, health classes, psychology classes, and drug and alcohol classes. The eCHECKUP TO GO assessments also ask two questions about cigarette smoking. This information is provided below.

The following data was collected for the years 2017-2018 and 2018-2019:

eCHUG (eCHECKUP TO GO) - Alcohol	2017-2018	2018-2019
College Information		
SHASTA Students	317	284
Other College Students	8	4
High School Students	63	58
Non-Students	3	4
Class Level Information		
Freshman	197	173
Sophomore	55	62
Junior	49	36
Senior	44	49
Graduate	19	17
Not Applicable	27	13
Athlete Information		
Athlete	91	100
Non-Athlete	300	250
Residence Information		
On-Campus	171	157
Off-Campus	220	193
Number of Drinks per Month	Min = 0	Min = 0

	Max = 245.1 Avg = 7.02	Max = 404.2 Avg = 6.26
Money Spent on Alcohol per Week	Min = 0 Max = 60 Avg = 3.19	Min = 0 Max = 140 Avg = 3.27
Negative Consequences (AUDIT-Alcohol Use Disorders Identification Test) Score	Min = 0 Max = 28 Avg = 2.9	Min = 0 Max = 40 Avg = 2.42
Family Risk Level	Min = 0 Max = 76 Avg = 4.86	Min = 0 Max = 44 Avg = 5.11
Number of days they drive a vehicle after having 3+ drinks drinking	Min = 0 Max = 15 Avg = 0.06	Min = 0 Max = 12 Avg = .07
Number of days they were a passenger in a vehicle when the driver had 3+ drinks been drinking	Min = 0 Max = 15 Avg = 0.22	Min = 0 Max = 31 Avg = .2

eTOKE (eCHECKUP TO GO) - Marijuana	2017-2018	2018-2019
College Information		
SHASTA Students	304	257
Other College Students	10	4
High School Students	57	51
Non-Students	No statistic provided for 2017-2018	5
Class Level Information		
Freshman	188	158
Sophomore	58	57
Junior	42	36
Senior	48	36
Not Applicable	26	15
Athlete Information		
Athlete	86	102
Non-Athlete	285	215
Residence Information		
On-Campus	165	150
Off-Campus	206	167
Weeks in a Month Under the Influence of Marijuana	Min = 0 Max = 4.3 Avg = .76	Min = 0 Max = 4.3 Avg = .7
Hours per Week Under the Influence of Marijuana	Min = 0 Max = 168 Avg = 1.14	Min = 0 Max = 168 Avg = 1.05
Money Spent on Marijuana in a Typical Week	Min = 0 Max = 700 Avg = 5.82	Min = 0 Max = 500 Avg = 7.01

eTOKE (eCHECKUP TO GO) - Cigarettes	2017-2018	2018-2019
College Information		
SHASTA Students	371	314

Other College Students	10	4
High School Students	58	51
Non-Students	0	0
Class Level Information		
Freshman	187	160
Sophomore	58	57
Junior	43	37
Senior	48	36
Graduate	9	15
Not Applicable	26	15
Athlete Information		
Athlete	86	103
Non-Athlete	285	217
Residence Information		
On-Campus	165	152
Off-Campus	285	217
Number of Cigarettes per Month	Min = 0 Max = 903 Avg = 29.7	Min = 0 Max = 602 Avg = 17.78
Number of Years Smoking Cigarettes	Min = 0 Max = 43 Avg = 1.13	Min = 0 Max = 55 Avg = .75

Combined Student Tobacco Cessation and Carbon Monoxide Screening

Shasta College students, in collaboration with the Student Health and Wellness Office, participate each November in the Great American Smokeout event sponsored by the American Cancer Society to encourage students and employees to live healthy, tobacco-free lives. Screening activities take place at this event with regard to tobacco cessation and carbon monoxide.

The following data was collected for the years 2017-2018 and 2018-2019:

Student Tobacco Cessation and Carbon Monoxide Screenings	2017-2018	2018-2019
Tobacco Cessation	18	18
Carbon Monoxide Screenings	26	11

PROGRAMS, SERVICES AND OTHER INITIATIVES

Alcohol-Free Activities

Shasta College offers a broad range of alcohol-free activities, including guest speakers, music and theatre productions, sporting events, student club/organization events, academic opportunities, social programs, and others. Some of these activities specifically target evening audiences so as to divert high-risk evening drinking into pro-social activities.

All student activities are alcohol-free events. There are several student activities throughout the year that encourage student participation while in a fun, alcohol-free environment. A sample of student activities that took place over the last two years include poetry night, student club activities, movie nights, music and theatre productions, guest speakers on various topics, etc.

Behavioral Intervention Resource Team (BIRT)

Shasta College's BIRT is a member of NaBITA, The National Behavioral Intervention Team Association. Our vision is to make our campuses and workplaces safer environments where development, education, and caring intervention are fostered and encouraged. One component of BIRT is to assist those who are in crisis due to drug or alcohol issues. Members of the Student Health & Wellness Office, as well as other College employees, are actively involved in BIRT.

Human Resources Office

The Associate Vice President of Human Resources meets one-on-one with all new employees and reviews with them the Shasta College Drug and Alcohol Policy. The College is interested in the continued good health and personal well-being of its students and employees and recognizes that individuals suffering from alcohol or drug dependence can be treated. Students and employees may contact the Human Resources Office at (530) 242-7640 for a referral service. Any such contact will be kept in strict confidence except insofar as may be required by law. In addition, employees may be entitled to apply for a Family Medical Leave under the Family Medical Leave Act so that they may address a substance abuse problem prior to it impacting their ability to do their job.

Employee Assistance Program

Shasta College offers an Employee Assistance Program (EAP) free to all permanent employees (whether or not they may have medical benefits) as well as part-time faculty, temporary employees and substitutes. EAP services are also available to the household members of Shasta College employees at no cost. The program is a confidential information, support, and referral service offering tools and resources designed to help maximize productivity and meet the challenges of modern life. Six free counseling sessions per incident as well as addiction and recovery are just two of the areas frequently addressed by the EAP. Specific information about the services offered can be obtained at the Anthem Employee Assistance Program webpage at www.anthemeap.com. The EAP office may also be contacted by phone at (800) 999-7222.

Other Resources

Shasta College provides an extensive listing of student and employee assistance programs available for individuals experiencing alcohol and/or drug abuse problems. These resources may be provided by the College, the local community, or be nationally based. Contact information can be found on the College's website at <https://www.shastacollege.edu/about/drug-free-campus/student-and-employee-assistance-programs/>.

Available resources include:

Shasta College Assistance

Student Health & Wellness Office (for students)	SC Main Campus, Room 2020	(530) 242-7580
Human Resources Office (for employees)	SC Main Campus, Room 121	(530) 242-7640
Employee Assistance Program (for employees)	--	(800) 999-7222
Substance Abuse Awareness Class (offered each semester)	Check the SC Class Schedule for more information	--

Community / National Resources

Shasta County Mental Health	2640 Breslauer Way, Redding	(530) 225-5200
Narcotics Anonymous	--	(530) 221-5060
Shasta County Alcohol - Drug	--	(530) 225-5240
Tehama County Drug and Alcohol	--	(530) 527-7893
Trinity County Alcohol and Other Drug Services	--	(530) 623-1362
Alcoholics Anonymous	--	(530) 225-8955
Shasta Options	--	(530) 224-5469
Cocaine Hotline - 24 Hours	--	(800) 262-2463
Drug Abuse Information and Referral Line - 24 Hours	--	(800) 662-4357
Empire Recovery Center Social Model Residential/Co-ed Alcohol and Drug Treatment Detox	--	(530) 243-7470

Smoking Cessation Programs

American Cancer Society	--	(530) 221-3970
Shasta County Tobacco Education Program	--	(530) 225-5052
Smoker's Helpline	--	(800) 662-8887
Hearing Impaired	--	(800) 933-4833
Chewing Tobacco Hotline	--	(800) 844-2439
Nicotine Anonymous	--	(877) 879-6422

VIOLATIONS & SANCTIONS

Campus Safety produces an Annual Campus Safety Crime and Fire Report (Annual Security Report (ASR)) in accordance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crimes Statistics Act. The ASR contains information for each of the College's campuses related to campus safety and security, crime prevention, on-campus housing fire statistics and safety, emergency response, disciplinary action, campus and community resources, and alcohol and drug policies. Furthermore, the ASR identifies policies specifically addressing prevention and response to sexual assault, domestic violence, dating violence, and stalking. Included in the report is data on violations, referrals for sanctions, and arrests with regard to alcohol and drug incidents.

SANCTIONS/ACTIONS: Innocent of all charges, Warning Letter, Blocked Registration, Blocked Reg/ Removed Consent, Removed from Dorms, Probation, Short-term suspension, disciplinary probation.

The data below includes incidents from the ASR as well as incidents beyond Clery requirements for counting in order to fully reflect incidents involving alcohol and drugs within our Clery geography.

The following data pertaining to all Shasta College campuses was collected for the years 2017-2018 and 2018-2019:

Alcohol and Drug Violations and Outcomes				
Year	Drug Referrals	Drug Arrests	Alcohol Referrals	Alcohol Arrests
2017-2018	2	1	0	0
2018-2019	10	1	2	0

SUMMARY AND RECOMMENDATIONS

Shasta College uses a comprehensive, environmental approach to address alcohol and other drug use on campus, focusing on policy, education, social life, academics, enforcement, coalitions/collaboration, and intervention. All components work together to ensure that Shasta College students and staff are provided information and resources that promote a safe and healthy environment that works to reduce the risks associated with alcohol and drug use among the members of our community.

The main goal of conducting this biennial review of the College's Drug and Alcohol Prevention Program Plan is to assess what we are doing with regard to this issue and determine if our efforts are effective. Following is a list of the identified strengths and weaknesses of the program, as well as recommendations for improvement.

Program Strengths

- Shasta College has comprehensive written policies regarding drug and alcohol prevention, as well as violations and sanctions based upon those policies and local, state and federal laws;
- Notifications of the College's Drug-Free Campus Program are sent to students each semester via email, and are made available through online orientation, in writing at the Admissions & Records and Human Resources Offices, through the course catalog (annually), and through the class schedules (3 times per year);
- Annual notifications of the College's Drug-Free Campus Program are sent to employees via email, are included in the new employee orientation packet, and are reviewed at the new employee orientation meeting conducted by the Associate Vice President of Human Resources;
- Shasta College, local community and national resources for prevention and assistance for persons experiencing drug, alcohol or tobacco use issues are available in the notifications cited previously and on the Shasta College website at ShastaCollege.edu/Drug-Free Campus/Student and Employee Assistance Programs;
- The College's Annual Security Report, which provides information regarding Drug-Free Campus policies, drug- and alcohol-related incidents, and resulting sanctions or referrals, is prepared and distributed annually to students and employees, and is posted on the Shasta College website at [ShastaCollege.edu/Campus Safety/Annual Security Report \(ASR\)-Clery](http://ShastaCollege.edu/Campus Safety/Annual Security Report (ASR)-Clery); and
- Self-assessment tools—eCHECKUP TO GO for Alcohol and Marijuana—are provided to students and employees to assist with recognizing patterns of behavior that may create risks or negative outcomes.

Program Weaknesses

- Shasta College sends notifications to students and employees about its Drug-Free Campus Program, and could work to integrate and promote the activities and initiatives more extensively on campus;
- BP/AP 3550 – Drug Free Environment and Drug Prevention Program, the College's complete policy and procedure, is distributed to new employees only;
- Shasta College has identified campus stakeholders as a part of the Committee to review the data from drug, alcohol or tobacco use prevention activities annually, but has not utilized the committee for develop and release of the biennial review
- Only Shasta College dorm students, and students enrolled in certain courses, are required to take the eCHUG and eTOKE self-assessments; and
- Shasta College policies 3550 – Drug Free Environment and Drug Prevention Program, 3570 – Tobacco Use, 3560 – Alcoholic Beverages, 5500 – Standards of Conduct, and 5520 – Student Discipline are reviewed regularly, however could improve verbiage involving drug and alcohol abuse prevention and programming.

Program Recommendations

Shasta College should continue with the comprehensive measures and activities it has to this point undertaken in its pursuit of a safe, drug-free educational and work environment. To supplement its efforts, the College should pursue the following recommendations.

- Enhance, promote and make more comprehensive the College's Drug and Alcohol Abuse Prevention Program through collaboration of cross-campus constituents, including providing student activities focusing on drug and alcohol issues, and focused programs/information for employees in order to raise awareness of the issue, and discuss ways employees can help the College address the issue;
- Distribute BP/AP 3550 – Drug Free Environment and Drug Prevention Program to all students and employees (not just new employees) as an accompaniment to the currently distributed Drug-Free Campus Program brochure;
- Pursue establishing a requirement for all students and new employees to complete the eCHUG and eTOKE self-assessments;
- Incorporate the Drug-Free Campus Program information more fully into the new student orientation; and
- Explore utilizing social media in the College's drug and alcohol abuse prevention efforts as this platform may be leveraged to reach multi-generational students.